

# Preventive care drugs to help keep you healthy

At Kaiser Permanente, we don't just care for you when you're sick—we help you stay healthy too. One important part of maintaining good health is detecting and managing problems before they become serious. Depending on your personal situation, age, or health condition, your doctor may prescribe one or more of the preventive care drugs listed here.

They can help you stay your healthiest if you're at risk for certain conditions. Like most preventive care services, they're covered at little or no cost to you—even before you reach your deductible.

This list is only a sample of the preventive care drugs that may be available under your health plan. For a complete list or to find out if a drug is covered by your plan, call the Member or Customer Service number on your Kaiser Permanente ID card. This list is not a substitute for your plan formulary and may list drugs that are not covered under your pharmacy benefit.

## Preventive care drug list

### ASTHMA

Beclomethasone Dipropionate (QVAR)

Mometasone Furoate (Asmanex)

### STROKE PREVENTION

Aspirin-Dipyridamole (Aggrenox)

Warfarin Sodium

### CHOLESTEROL

Atorvastatin

Cholestyramine

Cholestyramine Light

Colestipol Hydrochloride

Fenofibrate

Gemfibrozil

Lovastatin

Pravastatin

Simvastatin

### DIABETES

Glipizide

Insulin Isophane (Human)

Insulin Isophane and Regular (Human)

Insulin Regular (Human)

Metformin Hydrochloride

### HYPERTENSION

#### ACE INHIBITORS

Captopril

Lisinopril

#### ALPHA-2 BLOCKERS

Doxazosin Mesylate

Prazosin Hydrochloride

Terazosin Hydrochloride

#### ALPHA-2 AGONISTS

Clonidine Hydrochloride

Methyldopa

#### ALPHA-BETA BLOCKERS

Carvedilol

#### ANGIOTENSIN II RECEPTOR ANTAGONISTS

Losartan Potassium

#### ANGIOTENSIN II INHIBITORS

Losartan Potassium

Losartan Potassium and Hydrochlorothiazide

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## Preventive care drug list

### HYPERTENSION (CONTINUED)

#### BETA BLOCKERS

Atenolol

Metoprolol Tartrate

Propranolol Hydrochloride

#### CALCIUM CHANNEL BLOCKERS

Amlodipine Besylate

Diltiazem Hydrochloride

Verapamil Hydrochloride

#### DIURETICS

Furosemide

Hydralazine Hydrochloride

Hydrochlorothiazide

Metolazone

Triamterene and Hydrochlorothiazide

#### OSTEOPOROSIS

Alendronate Sodium (Forteo)

Calcitonin (Salmon)

This list does not necessarily reflect the coverage available under your health plan, and is subject to change. For more information about which preventive care drugs are covered under your plan, please refer to your *Evidence of Coverage*, Summary Plan Description or other Plan documents, or call the Member or Customer Service number on your Kaiser Permanente ID card. This list is designed to be compatible for use with a health savings account (HSA) under federal tax law.

Services covered under your health plan are provided and/or arranged by Kaiser Permanente health plans around the country: Kaiser Foundation Health Plan, Inc., in Northern and Southern California • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232. Services for self-insured plans are administered by Kaiser Permanente Insurance Company, One Kaiser Plaza, Oakland, CA 94612.