

2022

# Over-the-Counter (OTC) Health and Wellness Products

KAISER PERMANENTE MEDICARE ADVANTAGE (HMO) PLANS



Products listed in this catalog are available through your over-the-counter (OTC) benefit. The items are current as of January 1, 2022 and are subject to change.



Georgia Region  
H1170\_021\_44\_C

# How to use your OTC Benefit

## What can I order?

Over-The-Counter (OTC) products in the 2022 OTC catalog can be ordered. For the most up-to-date listing of covered OTC products, go to [kp.org/otc/ga](https://kp.org/otc/ga).

Please refer to your Evidence of Coverage for details. OTC benefits may change each year on January 1. Each order must be at least \$20. Any unused portion of the quarterly benefit limit will not carry forward to the next quarter. Your order may not exceed your quarterly benefit limit. Limitations and restrictions may apply. Cash, check, credits cards, or money orders are not accepted.

It is important to note that the OTC products are intended for member's health and medical use only. The health information provided in this OTC catalog is general in nature and is not medical advice or a substitute for professional healthcare. Returns are not accepted due to the personal nature of these OTC products.

## Ready to order? It's easy! Call or click

1

Confirm the amount of your quarterly OTC allowance by reviewing your Evidence of Coverage (EOC)

2

Choose items from the list of products within this catalog

3

Order in one of the following ways:

- Call **1-844-232-6906 (TTY 711)** Monday – Friday 8 a.m. – 7 p.m. EST
- Visit [kp.org/otc/ga](https://kp.org/otc/ga)

\*Please have your member ID handy for phone or online orders\*

## Notices

- This information is available for free in other languages. Please call the Medline customer service number, 1-844-232-6906 (TTY 711), Monday through Friday, 8 a.m. to 7 p.m. EST.
- The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care.
- You must reside in the Kaiser Permanente health plan service area in which you enroll.

\* Cannot ship to PO Boxes, Alaska, Hawaii or Puerto Rico

‡ Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under the plan, your personal physician or healthcare provider must recommend them to you for a specific diagnosed condition. Please speak to your physician or healthcare provider before ordering these items.

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**Save time and money** by ordering health and wellness products with your quarterly over-the-counter (OTC) credit offered with your Kaiser Permanente Medicare Advantage (HMO) plans.

# Apparel & Protective Gear

## Bedding & Drapes

Item No.	Description	Pkg.	Color	Price
1616	Medline Pro Plus Standard Fluff Underpad 23x36 10Ct	10/BG	Blue/White	\$10.00

# Diabetes Care

## Lancets

Item No.	Description	Pkg.	-	Price
3304	Medline Single-Use General Purpose Lancet 30G 100Ct	100/BX	-	\$5.00
2182	Adjustable Lancing Device	1/EA	-	\$30.00

## Sharps Containers

Item No.	Description	Pkg.	Color	Price
1699	Medline Sharps Biohazard Needle Container 1.5Qt 1Ct	1/EA	Red	\$10.00
1096	Medline Sharps Biohazard Needle Container 1Qt 1Ct	1/EA	Red	\$5.00



1616

### Medline Pro Plus Standard Fluff Underpad 23x36 10Ct

Disposable underpads feature a combination fluff and polymer core for high absorbency and odor control.



2182

### Adjustable Lancing Device

**1 ea**

Easy-to-use device fits all general-purpose lancets. Non-safety style.

# First Aid

## Bandages

Item No.	Description	Pkg.	Color	Price
1642	CURAD Flex-Fabric Adhesive Bandages Fingertip 100Ct	100/BX	Natural	\$6.00
1042	CURAD Flex-Fabric Adhesive Bandages Knuckle 100Ct	100/BX	Natural	\$6.00
1641	CURAD Plastic Adhesive Bandages 2x4 50Ct	50/BX	Natural	\$6.00
1636	CURAD Plastic Adhesive Bandages 3/4x3 80Ct	1/BX	Tan	\$5.00
1640	Medline NS Swift-Wrap Elastic Bandages 2inx5yd 1Ct	1/EA	White	\$4.00
1057	CURAD FlexSEAL Spray Bandage 1.35oz 1Ct	1/EA	-	\$8.00
1638	CURAD QuickStop! Bandages Assorted Sizes 30Ct	1/BX	-	\$6.00
1063	CURAD QuickStop! Flex-Fabric Bandages 0.75x2.83 30Ct	1/EA	-	\$6.00
1060	CURAD Silicone Flex Fabric Bandage 0.75x3 20Ct	1/BX	Tan	\$6.00

## Kits

Item No.	Description	Pkg.	-	Price
1056	CURAD 175-Piece Complete First Aid Kit 1Ct	1/EA	-	\$15.00

## Wound Care

Item No.	Description	Pkg.	-	Price
1046	Medi-First Antiseptic Spray 2oz 1Ct	1/EA	-	\$8.00



### CURAD 175-Piece Complete First Aid Kit 1Ct

Handy first aid kit is sized right for travel. Hard case holds first aid essentials including bandages, gauze, swabs, cold pack, gloves, tweezers and more.

## Wound Cleansers

Item No.	Description	Pkg.	Ounce	Price
1637	CURAD Sterile Nonstick Pad 3x4 20Ct	1/BX	-	\$5.00
1073	Medline 70% Isopropyl Alcohol 16oz 1Ct	1/EA	-	\$3.00
2186	Medline Isopropyl Alcohol Prep Pad 1.75x3 1Ct	1/EA	-	\$1.00
3559	Medline 3% Hydrogen Peroxide 16oz Bottle 1Ct	1/EA	-	\$10.00

# Home Diagnostics

## Blood Pressure

Item No.	Description	Pkg.	Size Group	Price
2284	Medline Home Blood Pressure Kit Separate Stethoscope 1Ct	1/EA	-	\$15.00
1650	Medline Auto Digital Blood Pressure Monitor Univer 1Ct	1/EA	-	\$45.00
1099	Medline Digital Blood Pressure Monitor with Univ Cuff 1Ct	1/EA	Universal	\$40.00
3303	Blood Sugar Daily Tracking Logbook 1Ct	1/EA	-	\$12.00
2184	Medline Talking Blood Pressure Monitor with Univ Cuff 1Ct	1/EA	-	\$20.00
1933	Medline Deluxe Digital Wrist Blood Pressure Monitor 1Ct	1/EA	Universal	\$20.00

## Diabetes Monitors

Item No.	Description	Pkg.	-	Price
1093	Medline Stainless Medical Alert Bracelet Diabetic 1Ct	1/EA	-	\$12.00

## Glucose Monitoring

Item No.	Description	Pkg.	-	Price
3306	Standard Insulin Syringe with Fixed Needle 31G 100Ct	100/BX	-	\$15.00

## Measuring Devices

Item No.	Description	Pkg.	-	Price
1648	SlimTALK Talking Digital Floor Scale 400lb Capacity 1Ct	1/EA	-	\$50.00
1651	Medline Heart Rate Monitor Pedometer Watch 1Ct	1/EA	-	\$30.00
1938	Medline Slim Heart Rate Monitor Pedometer Watch 1Ct	1/EA	-	\$15.00
1087	Conair Digital Food Scale 1Ct	1/EA	-	\$35.00
1649	Medline Mechanical Bathroom Floor Scale 300lb Cap 1Ct	1/EA	-	\$30.00

## Test Kits

Item No.	Description	Pkg.	-	Price
3309	Medline Monofilament Diabetic Foot Screen Test 25Ct	25/PK	-	\$20.00



1648

### **SlimTALK Talking Digital Floor Scale 400lb Capacity 1Ct**

Low-profile design makes it easier for those with trouble lifting their legs to use. Large LCD is easy to read.



1651

### **Medline Heart Rate Monitor Pedometer Watch 1Ct**

Water-resistant with pulse sensors for continuous monitoring. Displays date, day, hour, minute, second. Stopwatch function.



3309

### **Medline Monofilament Diabetic Foot Screen Test 25Ct**

Cost-effective way to test for sensation and identify risk of neuropathy or diabetic foot ulcers. 5.07/10 g monofilament.

## Thermometers

Item No.	Description	Pkg.	Color	Price
1100	Medline Infrared Talking Ear / Forehead Thermometer	1/EA	Gray/White	\$40.00
1094	Medline Infrared No-Touch Forehead Thermometer 1Ct	1/EA	Black/White	\$35.00
1088	Medline Large Display Oral Digital Thermometer 1Ct	1/EA	Blue/White	\$10.00
1089	Medline Oral Digital Thermometer 1Ct	1/EA	White	\$8.00

# Home Health Care

## Medical Containers

Item No.	Description	Pkg.	Color	Price
2216	Medline Pontoon Stackable Bedpan 1Ct	1/EA	Graphite	\$3.00
3562	Medline Graphite Color Stack-A-Pan Bedpan 1Ct	1/EA	Graphite	\$2.00



### Medline Infrared Talking Ear / Forehead Thermometer

Digital thermometer registers temperature in just 1 second and speaks results. Color-coded alarm signals fever.



### Medline Infrared No-Touch Forehead Thermometer 1Ct

Innovative two-mode design lets you take human and surface temps in Fahrenheit or Celsius. Easy to understand colored result indicators.



### Medline Large Display Oral Digital Thermometer 1Ct

Accurate Fahrenheit or Celsius results in just 20 seconds. Backlit LCD with easy-to-read large numbers. Use orally, axillary or rectally.



# Incontinence

## Select the Size

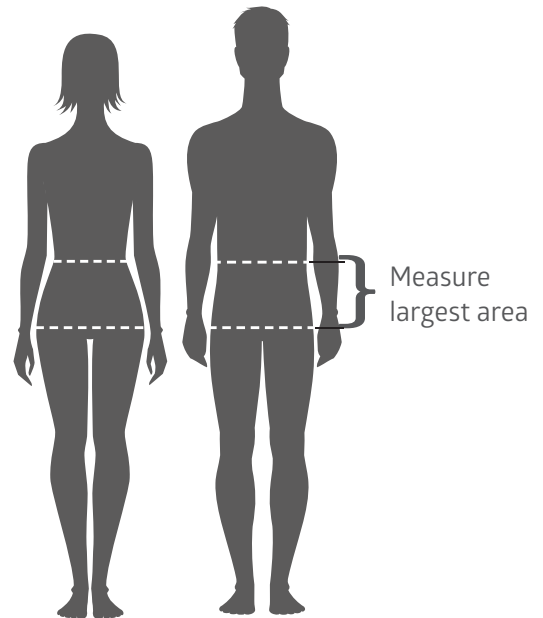
Selecting the right size is critical for containment.

## Bladder Control Pads and Liner Sizing

One size fits all. Continue to Step 3.

## Briefs, Protective Underwear and Knit Pant Sizing

For briefs, underwear and pants, measure the hips or waist (select the larger of the two) as follows:



### Step 1

Measure the largest area from hip bone to hip bone and over the abdomen (see illustration above).

**Example:**

Hip bone to hip bone =  
19 inches (48.3 cm)

### Step 2

Double the measurement in Step 1 and add two inches.

**Example:**

19 inches (48.3 cm) x 2 = 38 inches (96.5 cm)  
38 inches (96.5 cm) + 2 inches (5 cm) = 40 inches (102 cm)

### Step 3

Using this number, select the product size from the chart below.

**Example:**

40 inches (102 cm) = Medium or Regular brief

## Brief Size Selection

- Small** = 20–33" (51–81 cm)
- Medium** = 32–42" (81–107 cm)
- Regular** = 40–50" (102–127 cm)
- Large** = 48–58" (122–147 cm)
- X-Large** = 57–66" (150–168 cm)
- XX-Large** = 60–69" (152–175 cm)
- Bariatric** = 65–90" (165–229 cm)

## Protective Underwear Size Selection

- Small** = 20–28" (51–71 cm)
- Medium** = 28–40" (71–102 cm)
- Large** = 40–56" (102–142 cm)
- X-Large** = 56–68" (142–173 cm)
- XX-Large** = 68–80" (173–203 cm)

## Briefs

Item No.	Description	Pkg.	Absorbency	Price
1604	Medline FitRight Bariatric Incontinence Brief 4XL 8Ct	8/BG	Maximum	\$20.00
1624	Salk Light & Dry Men's Washable Cotton Inco Brief 2XL 1Ct	1/EA	-	\$25.00
1620	Salk Light & Dry Men's Washable Cotton Inco Brief L 1Ct	1/EA	Moderate	\$25.00
1621	Salk Light & Dry Men's Washable Cotton Inco Brief M 1Ct	1/EA	Moderate	\$25.00
1622	Salk Light & Dry Men's Washable Cotton Inco Brief S 1Ct	1/EA	Moderate	\$25.00
1623	Salk Light & Dry Men's Washable Cotton Inco Brief XL 1Ct	1/EA	Moderate	\$25.00
1629	Salk Light & Dry Women Washable Cotton Inco Brief 2XL 1Ct	1/EA	-	\$25.00
1625	Salk Light & Dry Women Washable Cotton Inco Brief L 1Ct	1/EA	Moderate	\$25.00
1626	Salk Light & Dry Women Washable Cotton Inco Brief M 1Ct	1/EA	Moderate	\$25.00
1627	Salk Light & Dry Women Washable Cotton Inco Brief S 1Ct	1/EA	Moderate	\$25.00
1628	Salk Light & Dry Women Washable Cotton Inco Brief XL 1Ct	1/EA	-	\$25.00
1423	Medline FitRight Ultra Disposable Briefs 2XL 20Ct	20/BG	Heavy	\$20.00
1613	Medline FitRight Ultra Disposable Briefs 2XL 80Ct	80/CS	Heavy	\$50.00
1112	Medline FitRight Ultra Disposable Briefs L 20Ct	20/BG	Heavy	\$20.00
1609	Medline FitRight Ultra Disposable Briefs L 80Ct	80/CS	Heavy	\$50.00
1113	Medline FitRight Ultra Disposable Briefs M 20Ct	20/BG	Heavy	\$20.00
1610	Medline FitRight Ultra Disposable Briefs M 80Ct	80/CS	Heavy	\$50.00
1424	Medline FitRight Ultra Disposable Briefs Regular 20Ct	20/BG	Heavy	\$20.00
1425	Medline FitRight Ultra Disposable Briefs S 20Ct	20/BG	Heavy	\$20.00
1611	Medline FitRight Ultra Disposable Briefs Size S 80Ct	80/CS	Heavy	\$50.00
1114	Medline FitRight Ultra Disposable Briefs XL 20Ct	20/BG	Heavy	\$20.00
1612	Medline FitRight Ultra Disposable Briefs XL 80Ct	80/CS	Heavy	\$50.00

## Liners & Pads

Item No.	Description	Pkg.	Absorbency	Price
1617	Medline Bladder Pads Light Absorbency 180Ct	180/CS	Light	\$45.00
1104	Medline Bladder Pads Light Absorbency 20Ct	20/BG	Light	\$12.00
1413	Medline FitRight Bladder Pad 4.3x11 Moderate 16Ct	16/BG	Moderate	\$12.00
1414	Medline FitRight Bladder Pad 5.5x13.75 Maximum 10Ct	10/BG	Maximum	\$12.00
1415	Medline FitRight Bladder Pad 5.5x15.75 Ultimate 10Ct	10/BG	Ultimate	\$12.00
1412	Medline FitRight Bladder Pads 3.5x9 Light 20Ct	20/BG	Light	\$12.00
1411	Medline FitRight Active Guards for Men 6x11 52Ct	52/BG	Light	\$15.00

## Protective Underwear

Item No.	Description	Pkg.	Size	Price
1607	Medline FitRight Super Disposable Underwear L 20Ct	20/BG	Large	\$25.00
1606	Medline FitRight Super Disposable Underwear M 20Ct	20/BG	Medium	\$25.00
1608	Medline FitRight Super Disposable Underwear XL 20Ct	20/BG	XLarge	\$25.00
1417	Medline Men's FitRight Underwear Heavy Absorb L/ XL 20Ct	20/BG	Large/Xlarge	\$20.00
1416	Medline Men's FitRight Underwear Heavy Absorb S/M 20Ct	20/BG	Small/Medium	\$20.00
1419	Medline Women FitRight Underwear Heavy Absorb L/XL 20Ct	20/BG	Large/Xlarge	\$20.00
1418	Medline Women's FitRight Underwear Heavy Absorb S/M 20Ct	20/BG	Small/Medium	\$20.00

### Tips for choosing incontinence products:

**Thicker isn't always better.** There are products available with superabsorbent polymers that are thin and discreet while offering excellent protection. Superabsorbent polymers are as tiny as salt crystals but can absorb and retain extremely large amounts of fluid relative to their mass.

**Bladder pads are not the same as feminine hygiene pads.** Bladder control pads have unique superabsorbent polymers that allow them to absorb urine quickly.

**Bladder pads are not for women only.** Men with light urinary incontinence can also benefit from products that are thin, discreet and absorbent. Today's bladder control pads are comfortable for both men and women.

## Underpads

Item No.	Description	Pkg.	Dimensions	Price
1119	Medline Pro Plus Best Polymer Underpad 23x36 10Ct	10/BG	23 x 36in	\$10.00
1427	Premium Disposable Polymer Underpads 30x30 10Ct	10/BG	30 x 30in	\$12.00
1614	Medline Sofnit 300 Reusable Underpad 34x36 Pink 1Ct	1/EA	34 x 36in	\$15.00
1618	Medline FitRight Underpad Heavy Absorbency 30x30 10Ct	10/BG	30 x 30in	\$12.00
1619	Medline FitRight Underpad Heavy Absorbency 30x36 10Ct	10/BG	30 x 36in	\$12.00
1615	Medline FitRight Underpad Moderate Absorbency 23x36 15Ct	15/BG	23 x 36in	\$15.00
1406	Ultrasorbs Premium Underpads 23x36 10Ct	10/BG	23 x 36in	\$20.00
1407	Ultrasorbs Premium Underpads 30x36 5Ct	5/BG	30 x 36in	\$12.00

## Medications Over The Counter

### Anti-Fungal & Anti-Itch

Item No.	Description	Pkg.	Form	Price
1045	Dr. Sheffield Anti-Itch Diphenhydramine Cream 1.2oz 1Ct	1/EA	Cream	\$5.00
1925	CURAD Triple Antibiotic Ointment Pain Relief 1oz 1Ct	1/EA	Cream	\$8.00
1083	CURAD Triple First Aid Antibiotic Ointment 1oz 1Ct	1/EA	Cream	\$6.00
1195	GoodSense Hemorrhoid Ointment 2oz 1Ct	1/EA	Cream	\$7.00
1120	Dr. Sheffield's Athlete's Foot Cream 0.5oz 1Ct	1/TB	Cream	\$7.00
1143	Dr. Sheffield Antifungal Cream Tolnaftate 1% 1.25oz 1Ct	1/EA	Cream	\$6.00
1024	Fluticasone Propionate Nasal Spray 50mcg 1Ct	1/EA	Spray	\$22.00
1194	Clotrimazole Yeast Infection Vaginal Cream 7-Day Treatment	1/EA	Cream	\$10.00
1075	Natrapel DEET-Free Insect Repellent 3.4oz Spray 1Ct	1/EA	Spray	\$9.00
1138	Gold Bond Medicated Foot Powder 4oz	1/EA	Powder	\$5.00
1048	Ben's DEET Tick and Insect Repellent 3.4oz 1Ct	1/EA	Spray	\$9.00

## Cough, Cold & Allergy

Item No.	Description	Pkg.	Form	Price
1603	Liquid Cough Syrup Guaifenesin Dextromethorphan 16oz 1Ct	1/BT	Liquid	\$10.00
1023	Liquid Cough Syrup Guaifenesin Dextromethorphan 4oz 1Ct	1/BT	Liquid	\$4.00
1302	Liquid Cough Syrup Guaifenesin Expectorant 16oz 1Ct	1/BT	Liquid	\$10.00
1012	Cetirizine Allergy Relief Tablets 10mg 90Ct	1/BT	Tablet	\$14.00
1600	GoodSense Cough Drops 7.5mg Menthol Honey Lemon 30Ct	1/EA	Lozenge	\$3.00
1021	GoodSense Sugar-Free Black Cherry Cough Drops 25Ct	1/BG	Lozenge	\$3.00
1013	Loratadine 24-Hour Allergy Relief Tablet 30Ct	1/BT	Tablet	\$5.00
1034	GoodSense Sore Throat Lozenges Cherry 18Ct	1/EA	Lozenge	\$5.00
1033	Reliable-1 Saline Nasal Spray 3oz 1Ct	1/EA	Spray	\$6.00
1602	Major Sugar-Free Cherry Sore Throat Spray 6oz 1Ct	1/BT	Spray	\$7.00
1026	Medicated Chest Rub 3.53oz 1Ct	1/EA	-	\$7.00
1030	Dr. Sheffield's 12-Hr Nasal Decongestant Spray 1oz 1Ct	1/EA	Spray	\$5.00
1022	CURAD Breathe Clear Nasal Strips 30Ct	1/BX	-	\$12.00



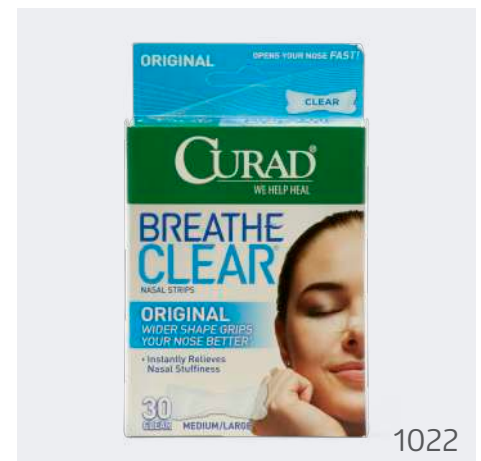
### Liquid Cough Syrup Guaifenesin Dextromethorphan 16oz 1Ct

Multi-symptom formula contains an expectorant and a cough suppressant for cough and cold relief. Alcohol-free, sugar-free. Cherry flavor.



### Cetirizine Allergy Relief Tablets 10mg 90Ct

Original prescription strength antihistamine for indoor and outdoor allergies. 24-hour relief of sneezing, runny nose, itchy eyes/throat/nose.



### CURAD Breathe Clear Nasal Strips 30Ct

Easy-to-apply wide strips open your nose to help relieve nasal stuffiness fast. Great drug-free solution. Clear. Size M/L.

## Medication Aids

Item No.	Description	Pkg.	Color	Price
1694	Medline Pill Crusher 1Ct	1/BX	Blue	\$5.00
1091	Medline 7-Day Pill Reminder Organizer 1Ct	1/EA	Clear	\$8.00
1693	Silicone Pill Bottle Opener 1Ct	1/EA	Blue	\$5.00
1695	Medline 7-Day Pill Organizer Clear 1X/Day	1/EA	Clear	\$4.00
1698	Medline 7-Day Pill Organizer Multicolor 2X/Day	1/EA	Multicolor	\$6.00
1697	Medline EZ Push Button 7-Day Pill Organizer 1X/Day 1Ct	1/EA	Multicolor	\$5.00

## Pain & Fever Relief

Item No.	Description	Pkg.	Strength	Price
1192	Capsaicin Analgesic Pain Relief Cream 2.1oz Tube 1Ct	1/EA	-	\$8.00
1209	Ultra Strength Muscle Rub Cream 3oz 1Ct	1/EA	-	\$6.00
1708	CareAll Muscle Joint Vanishing Scent Gel Menthol 3oz 1Ct	1/TB	-	\$6.00
1067	GoodSense Epsom Salt 16oz 1Ct	1/BT	-	\$5.00
1204	Acetaminophen Reg Strength Tablet 325mg 100Ct	1/BT	325 mg	\$6.00
1715	Medline Chewable Aspirin Tablets 81mg 36Ct	1/BT	81 mg	\$3.00
1190	Adult Low-Dose Enteric Aspirin Tablet 81mg 120Ct	1/BT	81 mg	\$5.00
1646	MyDerm Bite Relief Benzocaine Ointment 1.75oz 1Ct	1/EA	-	\$8.00
1712	Beyond BodiHeat 12-Hour Pain Relief Heat Pads 4Ct	1/BX	-	\$8.00
1643	GoodSense X-Strength Medicated Cold/Hot Patch Small 5Ct	1/BX	-	\$8.00
1706	AZO Urinary Pain Relief Tablets 30Ct	1/BX	-	\$10.00
1713	Extra-Strength Headache Pain Reliever 250mg 100Ct	1/BT	250 mg	\$10.00
1714	Cooling Migraine Headache Pads 3Ct	1/BX	-	\$5.00
1711	Ice Blue Menthol 2% Pain Gel 16oz. 1Ct	1/EA	-	\$10.00
1187	Aspercreme with Lidocaine Pain Relieving Cream 2.7oz 1Ct	1/EA	-	\$10.00
1707	Akron Pharma Hemorrhoid Hygiene Pads w Witch Hazel 100Ct	1/EA	-	\$8.00
1197	GoodSense Hemorrhoid Suppositories 24Ct	24/BX	-	\$10.00
1710	TheraCare Max Strength Pain Relief 4% Lidocaine Patch 5Ct	1/BX	-	\$9.00
1644	Medi-First Insect Sting Relief Pads 10Ct	1/BX	-	\$9.00

## Stomach Remedies

Item No.	Description	Pkg.	Strength	Price
2211	Bisacodyl Laxative Tablet 5mg 25Ct	1/BT	5 mg	\$4.00
1240	Docusate Sodium Stool Softener Softgel 100mg 100Ct	1/EA	100 mg	\$7.00
1727	GoodSense ClearLax Powder Laxative 4.1oz 1Ct	1/BT	-	\$10.00
1234	Medline Senna Natural Vegetable Laxative Tablets 8.6mg 100Ct	1/BT	8.6 mg	\$7.00
1729	Geri-Mox Reg Strength Antacid & Antigas Liquid 12oz 1Ct	1/BT	-	\$6.00
1733	Loperamide Anti-Diarrheal Caplets 2mg 12Ct	1/EA	2 mg	\$5.00
1218	Flavored Reg Strength Alkum Antacid Tablets 500mg 150Ct	1/EA	500 mg	\$4.00
1730	Ultra Strength Simethicone Gas Softgels 180mg 60Ct	1/BT	180 mg	\$7.00
1231	GeriCare Milk of Magnesia 12oz 1Ct	1/BT	-	\$6.00
1731	GeriCare Chewable Gas Relief Tablets 80mg 100Ct	1/EA	80 mg	\$10.00
1222	Ultra Calcium Carbonate Antacid Soft Chew 1177mg 36Ct	1/BG	1177 mg	\$7.00
1239	Bismatrol Chewable Antacid Tablets 200mg 30Ct	1/BX	200 mg	\$6.00
1237	Medline Pure & Gentle Saline Enema Laxative 4.5oz 1Ct	1/EA	-	\$4.00

## Stop Smoking

Item No.	Description	Pkg.	Strength	Price
1726	GoodSense Nicotine Gum 2mg Mint 110Ct	110/BX	2 mg	\$40.00
1210	GoodSense Nicotine Gum 4mg Mint 110Ct	110/BX	4 mg	\$40.00
1213	Rugby Nicotine Stop Smoking Patch Step One 21mg 14Ct	1/BX	21 mg	\$30.00
1214	Rugby Nicotine Stop Smoking Patch Step Three 7mg 14Ct	1/BX	7 mg	\$30.00
1212	Rugby Nicotine Stop Smoking Patch Step Two 14mg 14Ct	1/BX	14 mg	\$30.00
1725	GoodSense Nicotine Polacrilex Lozenges 2mg 72Ct	1/PK	2 mg	\$40.00
1211	GoodSense Nicotine Polacrilex Lozenges 4mg 72Ct	1/PK	4 mg	\$40.00

# Mobility

## Bath Safety

Item No.	Description	Pkg.	Weight Capacity	Price
1771	Medline Knockdown Transfer Bench with Microban 1Ct	1/EA	350 lbs	\$70.00

## Braces & Supports

Item No.	Description	Pkg.	Size	Price
1174	Medline Neoprene Slip-On Elbow Support L 1Ct	1/EA	Large	\$15.00
1175	Medline Neoprene Slip-On Elbow Support M 1Ct	1/EA	Medium	\$15.00
1176	Medline Neoprene Slip-On Elbow Support S 1Ct	1/EA	Small	\$15.00
1512	Medline Neoprene Slip-On Elbow Support XL 1Ct	1/EA	XLarge	\$15.00
1170	Medline Knee Support with Removable U-Buttress L 1Ct	1/EA	Large	\$48.00
1171	Medline Knee Support with Removable U-Buttress M 1Ct	1/EA	Medium	\$48.00
1172	Medline Knee Support with Removable U-Buttress S 1Ct	1/EA	Small	\$48.00



### Medline Neoprene Slip-On Elbow Support M 1Ct

Thick neoprene support is anatomically contoured to help reduce bunching.



### Medline Knockdown Transfer Bench with Microban 1Ct

Wide bench with sturdy aluminum frame helps make getting in/out of the bathtub and showering easier. Suction cup feet. 350-lb. capacity. Easy assembly.



### Medline Knee Support with Removable U-Buttress S 1Ct

Neoprene with 4-way stretch for uniform compression. Soft-seam construction for comfort. 4 spiral medial and lateral stays for extra stability.



1742	Medline Knee Support with Removable U-Buttress XL 1Ct	1/EA	XLarge	\$48.00
1165	IMAK RSI Smart Glove PM Carpal Tunnel Night Brace	1/EA	Universal	\$30.00
1184	CURAD Performance Elastic Pull-Over Wrist Support L 1Ct	1/EA	Large	\$8.00
1510	CURAD Performance Elastic Pull-Over Wrist Support M 1Ct	1/EA	Medium	\$6.00
1511	CURAD Performance Elastic Pull-Over Wrist Support S 1Ct	1/EA	Small	\$5.00
1509	CURAD Performance Elastic Pull-Over Wrist Support XL 1Ct	1/EA	XLarge	\$5.00
1703	Medline Carpal Tunnel Glove with Flexible Splint L 1Ct	1/EA	Large	\$25.00
1704	Medline Carpal Tunnel Glove with Flexible Splint M 1Ct	1/EA	Medium	\$25.00
1705	Medline Carpal Tunnel Glove with Flexible Splint S 1Ct	1/EA	Small	\$25.00
1655	AliMed EVENup Orthotic Shoe Lift L 1Ct	1/EA	Large	\$40.00
1504	CURAD Performance Dual Strap Elbow Support Microban 1Ct	1/EA	Universal	\$10.00
1741	CURAD Adjustable Knee Support Patella Cutout 1Ct	1/EA	Universal	\$14.00
1654	AliMed EVENup Orthotic Shoe Lift M 1Ct	1/EA	Medium	\$40.00

## Canes

Item No.	Description	Pkg.	Color	Price
1147	Medline Offset Handle Aluminum Cane 300lb Cap Black 1Ct	1/EA	Black	\$10.00
1474	Medline Offset Handle Aluminum Cane 300lb Chrome 1Ct	1/EA	Chrome	\$10.00
2226	Medline Standard Aluminum Cane 300lb Black 1Ct	1/EA	Black	\$10.00



### **CURAD Performance Elastic Pull-Over Wrist Support M 1Ct**

Slips on easily to help provide support for weak or injured wrist. Unique design fits right or left wrist.



### **CURAD Performance Dual Strap Elbow Support Microban 1Ct**

Provides support for common elbow injuries including mild strains and sprains. Helps prevent further trauma during healing.



### **Medline Offset Handle Aluminum Cane 300lb Cap Black 1Ct**

.8-lb. cane with a foam handle and convenient wrist strap. Height adjusted from 29" to 38". A nice alternative to the institutional look of chrome walking aids

## Fall Prevention

Item No.	Description	Pkg.	Weight Capacity	Price
1635	Medline Handheld Shower Kit 1Ct	1/EA	-	\$25.00
1010	Medline Stainless Steel Bathtub Safety Grab Bar 1Ct	1/EA	250 lbs	\$50.00
1634	Medline Guardian Toilet Safety Rails 2Ct	1/EA	300 lbs	\$50.00
1004	Medline Guardian Economy Raised Toilet Seat 1Ct	1/EA	250 lbs	\$20.00
1005	Medline Rubber Bath Mat 13.4x29 White 1Ct	1/EA	-	\$15.00
1008	Medline Nonslip Tub and Stair Safety Treads 8Ct	1/EA	-	\$5.00
1773	Medline Locking Raised Toilet Seat with Arms 1Ct	1/EA	350 lbs	\$40.00
1770	Medline Knockdown Bath Bench with Arms 1Ct	1/EA	350 lbs	\$35.00
1003	Medline Knockdown Bath Bench with Arms and Back 1Ct	1/EA	350 lbs	\$45.00



### Medline Stainless Steel Bathtub Safety Grab Bar 1Ct

Sturdy, multilevel bar clamps on to tub walls 2.75-6.25 inch wide to help make getting in/out of bath easier. Supports up to 250 lbs. White finish.



### Medline Guardian Toilet Safety Rails 2Ct

Easy-to-install aluminum bathroom aid makes getting on/off toilet easier. Foam armrests for a comfortable grip. 26-31 inch adjustable height.



### Medline Knockdown Bath Bench with Arms and Back 1Ct

Rust-resistant bench with sturdy aluminum frame helps make showering easier. Nonslip feet. 13.5 x 16 inch seat. 350-lb. capacity. Tool-free assembly.

## Fitness & Rehab

Item No.	Description	Pkg.	Color	Price
1041	Medline Accu-Therm Reusable Hot/Cold Gel Pack 5x10 1Ct	1/EA	-	\$10.00
1639	CURAD Hot or Cold Therapy Water Bottle 1Ct	1/BX	Red	\$15.00

## Mobility Aids

Item No.	Description	Pkg.	-	Price
3307	Medline Leg Lifter Mobility Aid 1Ct	1/EA	-	\$5.00
2188	Medline Pistol Grip Reacher 26in 1Ct	1/EA	-	\$10.00
2126	Medline Pistol Grip Reacher 32in 1Ct	1/EA	-	\$10.00

# Personal Care

## Arthritis


Item No.	Description	Pkg.	Size	Price
1701	CURAD Arthritis Relief Compression Gloves L 1Pair	1/PR	Large	\$15.00
1702	CURAD Arthritis Relief Compression Gloves M 1Pair	1/PR	Medium	\$15.00

## Compression Garments

Item No.	Description	Pkg.	Color	Price
1125	CURAD Cushion Compression Sock 15-20mmHg Wh B Reg 1Pr	1/EA	White	\$18.00
1123	CURAD Cushion Compression Sock 15-20mmHg Wh C Reg 1Pr	1/EA	White	\$18.00
1692	CURAD Cushion Compression Sock 15-20mmHg Wh D Reg 1Pr	1/EA	White	\$18.00
1657	CURAD Knee Compression Hosiery 15-20mmHg Blk A Reg 1Pr	1/EA	Black	\$17.00
1658	CURAD Knee Compression Hosiery 15-20mmHg Blk B Regular 1Pr	1/EA	Black	\$17.00
1659	CURAD Knee Compression Hosiery 15-20mmHg Blk C Regular 1Pr	1/EA	Black	\$17.00
1660	CURAD Knee Compression Hosiery 15-20mmHg Blk D Reg 1Pr	1/EA	Black	\$17.00

1661	CURAD Knee Compression Hosiery 15-20mmHg Blk E Reg 1Pr	1/EA	Black	\$20.00
1662	CURAD Knee Compression Hosiery 15-20mmHg Blk F Regular 1Pr	1/EA	Black	\$20.00
1663	CURAD Knee Compression Hosiery 15-20mmHg Blk G Regular 1Pr	1/EA	Black	\$17.00
1685	CURAD Knee Compression Hosiery 15-20mmHg Tan A Reg 1Pr	1/EA	Tan	\$17.00
1686	CURAD Knee Compression Hosiery 15-20mmHg Tan B Regular 1Pr	1/EA	Tan	\$17.00
1687	CURAD Knee Compression Hosiery 15-20mmHg Tan C Regular 1Pr	1/EA	Tan	\$17.00
1688	CURAD Knee Compression Hosiery 15-20mmHg Tan D Regular 1Pr	1/EA	Tan	\$17.00
1689	CURAD Knee Compression Hosiery 15-20mmHg Tan E Regular 1Pr	1/EA	Tan	\$20.00
1690	CURAD Knee Compression Hosiery 15-20mmHg Tan F Regular 1Pr	1/EA	Tan	\$20.00
1691	CURAD Knee Compression Hosiery 15-20mmHg Tan G Regular 1Pr	1/EA	Tan	\$20.00

## Compression Garment Sizing Guide



**Length**  
Measure from the bend in the knee to the bottom of the heel.

**Calf Circumference**  
Measure around the widest point of the calf.

**Ankle Circumference**  
Measure around the ankle bones.

Ankle	Calf	Size
7"-7 7/8"	10"-13"	A
8"-8 7/8"	12"-15"	B
9"-9 7/8"	14"-17"	C
10"-10 7/8"	16"-19"	D
11"-11 7/8"	18"-21"	E
12"-12 7/8"	20"-23"	F
13"-13 7/8"	22"-26"	G

## Contraceptives

Item No.	Description	Pkg.	-	Price
3315	Trojan ENZ Non-Lubricated Latex Condoms 12Ct	12/BX	-	\$10.00
3314	Rugby Premium Lubricated Latex Condoms 12Ct	1/BX	-	\$10.00

## Eye & Ear Care

Item No.	Description	Pkg.	Ounce	Price
1630	Artificial Tears Lubricant Eye Drops 1/2oz 1Ct	1/EA	0.5	\$6.00
1035	Dr. Sheffield's Ear Wax Removal Drops 15mL 1Ct	1/EA	0.5	\$5.00
1631	Refresh Plus Lubricant Eye Drops Single Containers 30Ct	30/BX	0.014	\$24.00
1036	GoodSense Irritation Relief Eye Drops 15 mL 1Ct	1/EA	0.5	\$5.00
1037	Ketotifen Fumarate Eye Itch Relief Drops 0.17oz 1Ct	1/EA	0.17	\$12.00

## Feminine Care

Item No.	Description	Pkg.	Absorbency	Price
1815	Fiore Light Daily Panty Liners Long 40Ct	40/BX	Light	\$10.00

## Hand Sanitizers

Item No.	Description	Pkg.	Ounce	Price
3305	Medline Spectrum Advanced Hand Sanitizer Gel 4oz 1Ct	1/EA	4	\$4.00
1401	Hand-E-Foam Alcohol-Free Hand Sanitizer 8oz 1Ct	1/EA	8	\$12.00



### Refresh Plus Lubricant Eye Drops Single Containers 30Ct

Provides immediate, soothing relief for dry eyes. Also for LASIK dryness. Sterile, single-use containers. Preservative-free.



### Hand-E-Foam Alcohol-Free Hand Sanitizer 8oz 1Ct

Alcohol-free benzethonium chloride formula enriched with vitamin E. Won't dry out skin. No sticky, tacky residue.

## Leg & Foot Care

Item No.	Description	Pkg.	Size	Price
1132	CURAD Mediplast Wart Remover Pads 2x3 1Ct	1/EA	-	\$2.00
1433	GoodSense Corn Cushions 9Ct	1/PK	Universal	\$5.00
1468	GoodSense Lamb's Wool Toe Padding 3/8oz 1Ct	1/EA	-	\$8.00
1664	GoodSense Medicated Corn Removers 9Ct	1/PK	-	\$5.00
3313	Bird & Cronin Toe Crest Pads Left Large 3Ct	3/PK	Large	\$30.00
3310	Bird & Cronin Toe Crest Pads Left Medium 3Ct	1/PK	Medium	\$30.00
3311	Bird & Cronin Toe Crest Pads Left Small 3Ct	1/PK	Small	\$30.00
2209	Bird & Cronin Toe Crest Pads Right Large 3Ct	1/PK	Large	\$30.00
3312	Bird & Cronin Toe Crest Pads Right Medium 3Ct	1/PK	Medium	\$30.00
2212	Bird & Cronin Toe Crest Pads Right Small 3Ct	3/PK	Small	\$30.00
1441	Medline Gel Hammer Toe Crest 1Ct	1/EA	-	\$9.00
1677	Medline Clear Gel Toe Caps L/XL 10Ct	1/PK	Large/Xlarge	\$40.00
1678	Medline Clear Gel Toe Caps S/M 10Ct	1/PK	Small/Medium	\$40.00
1676	Medline Gel Ribbed Digital Toe Caps L/XL 1Ct	1/EA	Large/Xlarge	\$5.00
1675	Medline Gel Ribbed Digital Toe Caps S/M 1Ct	1/EA	Small/Medium	\$5.00
1653	Brigg's Double Toe Straightener Hammer Toe Regulator Left	1/EA	-	\$20.00
1652	Brigg's Double Toe Straightener Hammer Toe Regulator Right	1/EA	-	\$20.00
1245	Remedy Phytoplex Antifungal Powder Miconazole 3oz 1Ct	1/EA	-	\$10.00



### Biotene Dry Mouth Moisturizing Spray 1.5oz 1Ct

Oral spray provides immediate relief of dry mouth. Long-lasting, soothing moisturizing helps keep mouth fresh. Gentle mint flavor.



### Conair InterPlak Rechargeable Cordless Toothbrush 1Ct

Opticlean power plaque remover has a triple-action brush head that cleans and polishes teeth. Compact recharging base plus 2 brush heads with color rings included.

2189	Shower-Safe Leg Cast Protector Large 1Ct	1/EA	Large	\$20.00
1667	Pedifix Washable Arch Binder L 1Pr	1/BX	Large	\$15.00
1666	Pedifix Washable Arch Binder M 1Pr	1/BX	Medium	\$15.00
1665	Pedifix Washable Arch Binder S 1Pr	1/BX	Small	\$15.00
1668	Pedifix Washable Arch Binder XL 1Pr	1/BX	XLarge	\$15.00
1431	Pedifix Visco-Gel Big Toe Hallux Bunion Guard 1Ct	1/EA	-	\$10.00
2213	Pedifix Peel-Away Adjustable Heel Lift L 1Ct	1/EA	Large	\$15.00
2214	Pedifix Peel-Away Adjustable Heel Lift M 1Ct	1/EA	Medium	\$15.00
1672	Pedifix Peel-Away Adjustable Heel Lift Retail L 1Ct	1/PK	Large	\$15.00
1673	Pedifix Peel-Away Adjustable Heel Lift Retail M 1Ct	1/PK	Medium	\$15.00
1674	Pedifix Peel-Away Adjustable Heel Lift Retail S 1Ct	1/PK	Small	\$15.00
2215	Pedifix Peel-Away Adjustable Heel Lift S 1Ct	1/EA	Small	\$15.00

## Oral Care

Item No.	Description	Pkg.	Color	Price
2227	Medline SparkleFresh Denture Adhesive Cream 2.4oz 1Ct	1/EA	-	\$9.00
1155	Denture Cleanser Tablets 90Ct	90/BX	-	\$8.00
1480	Biotene Alcohol-Free Dry Mouth Mouthwash 16oz 1Ct	1/EA	-	\$10.00
1163	Medline Super Soft Wrapped Adult Toothbrush 1Ct	1/EA	Light Blue	\$2.00
1494	Fresh Mint Sensitive Teeth Toothpaste 4.3oz 1Ct	1/TB	-	\$5.00
1160	Dr. Sheffield's Oral Toothache Relief Gel .33oz 1Ct	1/TB	-	\$5.00
1152	Medtech Oral BrushPicks 275Ct	1/PK	-	\$6.00
1151	Colgate 360 Sonic Replacement Brush Heads Soft 2Ct	1/EA	-	\$10.00
1150	Colgate Optic White Battery Powered Toothbrush 1Ct	1/EA	White	\$15.00
1482	Biotene Dry Mouth Moisturizing Spray 1.5oz 1Ct	1/EA	-	\$12.00
1479	Aim Cavity Protection Mint Gel Toothpaste 5.5oz 1Ct	1/TB	-	\$4.00
1161	Pepsodent Complete Care Toothpaste 5.5oz 1Ct	1/TB	-	\$4.00
1157	GoodSense Mint Flossers 90Ct	1/BG	-	\$5.00
1149	Conair InterPlak Rechargeable Cordless Toothbrush 1Ct	1/EA	White/Blue	\$35.00
1488	InterPlak Rechargeable Toothbrush Replacement Heads 2Ct	2/PK	White	\$15.00
1154	Freshmint Waxed Mint Dental Floss 100yd	1/EA	-	\$3.00

1487	GUM Proxabrush Go-Betweens Teeth Cleaners 10Ct	1/PK	-	\$6.00
1876	Denture Brush With Easy-Grip Handle Medium 1Ct	1/PK	Multicolor	\$5.00
1495	Sunstar Tongue Cleaner Brush 1Ct	1/EA	White/Blue	\$4.00
1492	Medline Mouth Moisturizer Oral Gel 3g Pkt 1Ct	1/EA	-	\$1.00

## Skin Care + Hair Care

Item No.	Description	Pkg.	Ounce	Price
1428	Remedy Phytoplex No-Rinse Foam Cleanser 8oz 1Ct	1/EA	8	\$10.00
1517	Remedy Phytoplex Hydraguard Silicone Skin Cream 4oz 1Ct	1/EA	4	\$9.00
1246	Remedy Phytoplex Skin Cream Moisturizer Scented 8oz 1Ct	1/EA	8	\$8.00
2217	Medline Remedy Olivamine Nutrashield Skin Cream 4oz 1Ct	1/EA	4	\$17.00
1115	Remedy Phytoplex Z-Guard Skin Protectant Paste 4oz 1Ct	1/EA	4	\$6.00
1527	SPF 50 Sunscreen Lotion 8oz Bottle 1Ct	1/EA	8	\$10.00
2046	Remedy Intensive Skin Hydraguard-D Barrier Cream 4oz 1Ct	1/EA	4	\$5.00
2053	Remedy Enlivaderm Hydrating Serum 4oz 1Ct	1/EA	4	\$10.00
1051	Medline Nonsterile Cotton Balls Medium 1in 200Ct	200/BG	-	\$5.00

### ReadyFlush® Scented Wipes – 1117

Premoistened with a rinse-free formula that cleans, moisturizes and soothes skin. the formula is pH balanced, hypoallergenic and does not contain alcohol.



Dispersible and biodegradable





1491	GoodSense Lip Balm Regular 1Ct	1/EA	0.15	\$2.00
1158	Medicated Lip Treatment 2Ct	1/PK	0.25	\$5.00
1645	Major Calamine Lotion 6oz 1Ct	1/BT	6	\$6.00
1430	Medline Soothe & Cool No-Rinse Body Cleanser 8oz 1Ct	1/EA	8	\$10.00
1718	Medline Soothe & Cool Cornstarch Body Powder 14oz 1Ct	1/EA	14	\$5.00
1717	Medline Soothe & Cool Protect Vitamin A&D Skin Ointment 4oz 1Ct	1/EA	4	\$5.00
1716	Gentell Vitamin A&D+E Ointment 13oz 1Ct	1/EA	13	\$12.00
1605	Gentell Zinc Oxide Skin Protectant Ointment 16oz 1Ct	1/EA	16	\$15.00
2183	GoodSense Aloe Vera Gel 16oz 1Ct	1/BT	16	\$10.00
1252	Solar Screen SPF 30 Ultra Sunscreen Lotion 8oz 1Ct	1/BT	8	\$12.00
1720	GoodSense Soothing Oatmeal Bath Treatment 8Ct	1/BX	1.5	\$9.00
2191	Simply Soft Cotton Swabs 300Ct	1/PK	-	\$5.00
1251	MyDerm Aloe Gel Lidocaine Pain Reliever 8oz 1Ct	1/BT	8	\$7.00
1076	CareAll Petroleum Jelly 13oz 1Ct	1/EA	13	\$6.00

## Wipes & Cloths

Item No.	Description	Pkg.	Container Type	Price
1071	Medline Spectrum Advanced Hand Sanitizer Wipes 6x6.75 160Ct	1/EA	Canister	\$10.00
1516	Remedy Phytoplex Scented Barrier Cream Cloths Dimeth 8Ct	1/PK	Soft Pack	\$9.00
1722	Medline Ultrasoft Disposable Dry Cleansing Cloth 10x13in 50Ct	1/BG	Bag	\$8.00
1723	Medline Ultrasoft Disposable Dry Cleansing Cloth 12x14in 90Ct	90/PK	Bag	\$6.00
1724	Medline Ultrasoft Disposable Dry Cleansing Cloth 7x13in 30Ct	1/BG	Bag	\$5.00
1719	Medline FitRight Aloe Quilted Personal Wipes 48Ct	1/PK	Soft Pack with Flip Top Lid	\$5.00
1103	Medline FitRight Aloe Personal Wipes Scented 100Ct	1/PK	Soft Pack with Flip Top Lid	\$6.00
1117	ReadyFlush SELECT Biodegradable Flushable Wipes 48Ct	1/PK	Soft Pack with Flip Top Lid	\$5.00

# Vitamins & Supplements

## Fish Oils & Omegas

Item No.	Description	Pkg.	Strength	Price
1280	Fish Oil Softgels 1000mg 90Ct	1/BT	1000 mg	\$10.00

## Letter Vitamins

Item No.	Description	Pkg.	Strength	Price
1271	Folic Acid Supplement 400mcg 100Ct	1/BT	400 mcg	\$7.00
1753	Vitamin B Complex Tablets 100Ct	1/BT	-	\$8.00
1291	Vitamin B12 Tablet 500mcg 100Ct	1/BT	500 mcg	\$7.00
1750	Vitamin C-500 Chewable Tablets 500mg 110Ct	1/BT	500 mg	\$9.00
1293	Vitamin C Ascorbic Acid Tablet 500mg 100Ct	1/BT	500 mg	\$6.00
1295	Vitamin D3 Tablets 50mcg 250Ct	1/BT	2000 IU	\$10.00
1286	21st Century Vitamin A Softgels 10,000IU 110Ct	1/EA	10000 IU	\$6.00
1751	ImmuBlast Immune System Chewable Tablet 32Ct	1/BT	-	\$8.00
1752	Niacin B Vitamin Tablets 100mg 100Ct	1/BT	100 mg	\$5.00
1292	GeriCare Vitamin B-6 Tablet 100mg 100Ct	1/EA	100 mg	\$10.00

## Minerals

Item No.	Description	Pkg.	Strength	Price
1269	Ferrous Sulfate Iron Tablet 325mg 100Ct	1/BT	325 mg	\$6.00
1745	GeriCare Magnesium Oxide Tablet 400mg 120Ct	1/BT	400 mg	\$9.00

## Multivitamins

Item No.	Description	Pkg.	Form	Price
1261	Multivitamin with Minerals for Seniors Age 50+ 100Ct	1/BT	Tablet	\$12.00
1276	Sentry Multivitamin with Minerals 130Ct	1/BT	Tablet	\$14.00
1744	Yum-V's Adult Gummy Multivitamins 60Ct	1/BT	Gummy	\$12.00
1267	21st Century Healthy Eyes Multivitamin and Mineral Supplement with Lutein 60Ct	1/BT	Tablet	\$10.00

## Nutrition Management

Item No.	Description	Pkg.	Ounce	Price
3560	Boost Chocolate Oral Supplement 8oz 24Ct	24/CS	8	\$45.00
2177	Boost Strawberry Oral Supplement 8oz 24Ct	24/CS	8	\$45.00
2179	Ensure Original Chocolate Nutritional Oral Supplement 8oz 24Ct	24/CS	8	\$35.00
2180	Ensure Original Strawberry Nutritional Oral Supplement 8oz 24Ct	24/CS	8	\$35.00
2181	Ensure Original Vanilla Nutritional Oral Supplement 8oz 24Ct	24/CS	8	\$35.00
2178	Boost Very Vanilla Oral Supplement 8oz 24Ct	24/CS	8	\$45.00

## Supplements

Item No.	Description	Pkg.	Strength	Price
1743	Alpha Lipoic Acid Capsules 300mg 50Ct	1/BT	300 mg	\$14.00
1265	Coenzyme Q10 Softgel 100mg 30Ct	1/BT	100 mg	\$12.00
1732	Major Lactase Dairy Digestive Aid Caplets 3,000FCC 60Ct	1/BT	3,000 FCC	\$10.00
1270	Flaxseed Oil Softgel 1000mg 60Ct	1/BT	1000 mg	\$8.00
1275	PlusPharma Melatonin Tablets 5mg 30Ct	1/BT	5 mg	\$7.00
1734	Natural Psyllium Fiber Powder Supplement 10oz 1Ct	1/EA	-	\$8.00
1757	True Plus Glucose Chewable Tablet 4g 50Ct	1/BT	4 g	\$9.00
1258	Biotin Dietary Supplement Tablets 500mcg 60Ct	1/BT	500 mcg	\$11.00
1259	Calcium Tablet 600mg 150Ct	1/BT	600 mg	\$7.00
1749	Calcium with Vitamin D3 Tablet 600mg 300Ct	1/BT	600 mg	\$16.00
1747	Calcium with Vitamin D3 Tablet 630mg 100Ct	1/BT	315 mg + 250 IU	\$14.00
1748	Chewable Calcium with Vitamin D3 Tablet 500mg 60Ct	1/BT	500 mg	\$7.00
1756	GeriCare Ferrous Sulfate Iron Supplement Elixir 220mg 16oz 1Ct	1/BT	220 mg/5mL	\$6.00
1754	GoodSense Chocolate Calcium Chews 650mg 60Ct	1/EA	650 mg	\$12.00
1755	21st Century Triple Strength Glucosamine & Chondroitin 750mg 100Ct	1/BT	750 mg + 600 mg	\$30.00
1746	Mason Natural L-Lysine Tablet 500mg 100Ct	1/BT	500 mg	\$8.00
1632	Bausch + Lomb AREDS2 PreserVision Eye Vitamin 120Ct	1/BT	-	\$40.00
2173	PreserVision Eye Vitamin and Mineral Supplement 60Ct	1/BT	-	\$25.00

## Notice of Nondiscrimination

Kaiser Foundation Health Plan of Washington and Kaiser Foundation Health Plan of Washington Options, Inc. (“Kaiser Permanente”) comply with applicable Federal and Washington state civil rights laws and do not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or any other basis protected by applicable federal, state, or local law. We also:

- Provide free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, and other formats)
  - Assistive devices (magnifiers, Pocket Talkers, and other aids)
- Provide free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Member Services at **1-888-901-4636** (TTY **711**).

If you believe that Kaiser Permanente has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity, you can file a grievance with our Civil Rights Coordinator by writing to P.O. Box 35191, Mail Stop: RCR-A3S-03, Seattle, WA 98124-5191 or calling Member Services at the number listed above. You can file a grievance by mail, phone, or online at [kp.org/wa/feedback](https://kp.org/wa/feedback). If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with:

- The U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019, 800-537-7697** (TDD)  
Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>
- The Washington State Office of the Insurance Commissioner, electronically through the Office of the Insurance Commissioner Complaint portal available at <https://www.insurance.wa.gov/file-complaint-or-check-your-complaint-status>, or by phone at **800-562-6900, 360-586-0241** (TDD). Complaint forms are available at <https://fortress.wa.gov/oic/onlineservices/cc/pub/complaintinformation.aspx>

# Multi-language Interpreter Services

**English: ATTENTION:** If you speak a language other than English, language assistance services, free of charge, are available to you. Call **1-888-901-4636 (TTY 711)**.

**Español (Spanish): ATENCIÓN:** si habla otro idioma que no sea español, tiene a su disposición servicios gratuitos de asistencia en su idioma. Llame al **1-888-901-4636 (TTY 711)**.

**中文 (Chinese) :** 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-888-901-4636 (TTY 711)**。

**Tiếng Việt (Vietnamese): CHÚ Ý:** Nếu quý vị nói tiếng Việt, hiện có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-888-901-4636 (TTY 711)**.

**한국어 (Korean): 주의:** 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-888-901-4636 (TTY 711)** 번으로 전화해 주십시오.

**Русский (Russian): ВНИМАНИЕ!** Если вы говорите на русском языке, вам доступны бесплатные услуги перевода. Звоните **1-888-901-4636 (TTY 711)**.

**Tagalog: PAUNAWA:** Kung nagsasalita ka ng wika maliban sa Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-888-901-4636 (TTY 711)**.

**Українська (Ukrainian): УВАГА!** Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером **1-888-901-4636 (TTY 711)**.

**ភាសាខ្មែរ (Khmer)៖ សូមយកចិត្តទុកដាក់៖** ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ សេវាកម្មជំនួយផ្នែកភាសាដោយមិនគិតថ្លៃគឺ មានសម្រាប់អ្នក។ ទូរស័ព្ទទៅលេខ **1-888-901-4636 (TTY 711)**។

**日本語 (Japanese): 注意事項**：英語以外の言語を話される場合、無料の言語サポートをご利用いただけます。  
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**አማርኛ (Amharic)፡ ማሳሰቢያ፡** የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እገዛ አገልግሎቶች፣ በነጻ ለእርስዎ ይቀርባሉ። ወደ ሚከተለው ቁጥር ይደውሉ **1-888-901-4636** (መስማት ለተሳናቸው **711**)።

**Oromiffa (Oromo): XIYYEEFFANNAA:** Afaan dubbattu Oroomiffa yoo ta'e, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama.  
**1-888-901-4636 (TTY 711)** irraatti bilbilaa.

**ਪੰਜਾਬੀ (Punjabi): ਧਿਆਨ ਦਿਓ:** ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। **1-888-901-4636 (TTY 711)**  
‘ਤੇ ਕਾਲ ਕਰੋ।

**العربية (Arabic):** انتباه إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية، متوفرة لك، مجاناً. اتصل بالرقم **1-888-901-4636 (TTY 711)**

**Deutsch (German): ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung.  
Rufnummer: **1-888-901-4636 (TTY 711)**.

**ພາສາລາວ (Lao): ໂປດຊາບ:** ຖ້າວ່າທ່ານເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາໂດຍບໍ່ເສຍຄ່າແມ່ນມີພ້ອມໃຫ້ທ່ານ.  
ໂທ 1-888-901-4636 (TTY 711).



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