Legal and financial services
Talk to a financial or legal expert for consultations and discounts on services provided for divorce, real estate issues, debt management, and budgeting.

Work/life services
Find information for services related to caregiving, education, growing families, and consumer resources.

Online resources
Visit achievesolutions.net/kaiser to find information to help you improve your health and manage life events. You can also search for service providers in your area.

Privacy is a priority
Your personal information is kept private as called for by federal and state laws. No one will know you have accessed the program services unless you grant permission or express a concern that presents a legal obligation to release information (for example, if it is believed you are a danger to yourself or to others).

Contact us
☎️ 866-517-7042
🌐 achievesolutions.net/kaiser

This brochure is for informational purposes only and does not guarantee eligibility for program services. Beacon Health Options services do not replace regular medical care. In an emergency, seek help immediately.

Employee Assistance Program
Confidential support for work and life
Life is busy. When you need more resources to manage it all or to manage an issue, Employee Assistance Program (EAP) professionals can help.

An EAP offers information, guidance, and support to help you and your family reach your personal and professional goals. It is part of the benefits offered by your employer, and is available at no cost to you.

**How it works**
Go online or call the toll-free number on this brochure any time. An EAP professional will help to identify your issue and guide you to the appropriate support.

**Counseling services**
Talk with a licensed counselor for support with issues such as managing stress, strengthening relationships, work/life balance, and grief and loss.