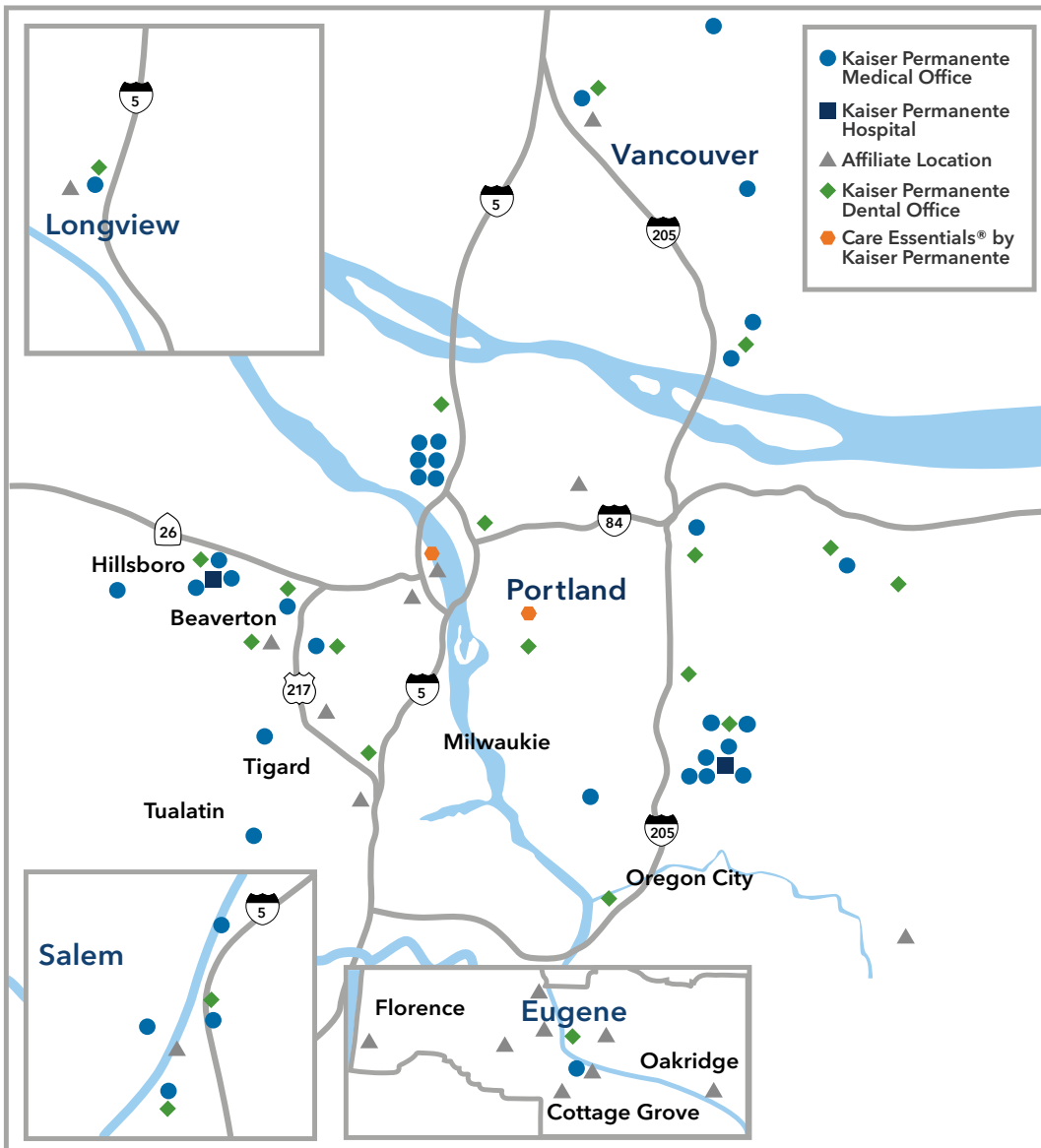


WHERE TO FIND CARE

Oregon and Southwest Washington

We provide quality care to more than 600,000 members in Oregon and Southwest Washington. Our service area is made up of Kaiser Permanente facilities, including 36 medical offices, 20 dental offices, 6 urgent care clinics, and 2 hospitals. We also have a network of affiliated providers if you need routine, urgent, or emergency care.



Other convenient options are also available. You may be able to see a doctor using your phone, computer, or mobile device, or even email your doctor.



Facility information is current as of July 2018. Go to kp.org/locations to see all our current locations and to find the facility closest to you. Or call Member Services at **1-800-813-2000 (TTY 711)**.



WHERE TO FIND CARE

Oregon and Southwest Washington



Dental

Kaiser Permanente members with both medical and dental coverage weigh less, smoke less, and visit the hospital and emergency departments less often than members with just medical coverage.¹ Our medical and dental teams work together to help you stay healthy.



Pharmacy

Most of our Kaiser Permanente medical offices include pharmacy services. You also have the option of using our mail-order pharmacy service to fill and refill most prescriptions.



care essentials[®] by KAISER PERMANENTE

Care Essentials by Kaiser Permanente are convenient care clinics that provide nonemergency and preventive health services to both Kaiser Permanente members and nonmembers.

- Treatment for minor illnesses and injuries
- Preventive services, including checkups, vaccinations, and some lab and diagnostic testing

There are 2 Portland locations:

- **Pearl:** 1035 NW Northrup St., Portland, OR 97209
- **Hawthorne:** 3060 SE Hawthorne Blvd., Ste. 1, Portland, OR 97214

Learn more at [careessentials.org](https://www.careessentials.org).



Affiliate Providers

The Portland Clinic²

Kaiser Permanente health plans include access to primary care and specialty care at The Portland Clinic. Members who go to The Portland Clinic will find the same high-quality care they have come to expect from Kaiser Permanente and will have access to all 5 medical office locations.

Lane County affiliate provider network

In addition to our Eugene Medical Office and Valley River Dental Office, we partner with 4 affiliate medical offices, 4 hospitals, 11 urgent care clinics, 5 pharmacies, and specialists in the Lane County area to offer more options for care where you need it.

¹Kaiser Permanente Center for Health Research, Comparison of HEDIS Outcomes Among Dental/Medical vs. Medical Only Population, 2013.

²Not available as an in-network provider to members on Medicaid, receiving full Medical Financial Assistance from Kaiser Permanente, or visiting from another Kaiser Permanente region.