

# INTEL CONNECTED CARE

2023

A BETTER CHOICE FOR GOOD HEALTH

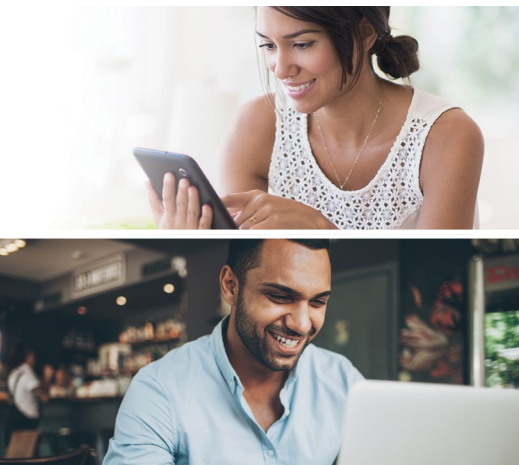
## New to Connected Care?

Your dedicated Intel Connected Care Team is here to help you make informed decisions and answer all sorts of questions about your Connected Care options. To get in touch with an advisor:

Call **1-844-533-2885**, option 1 (TTY 711) weekdays, 8 a.m. to 5 p.m.

Text **773-974-3113** weekdays, 6 a.m. to 6 p.m.

Interpreter-assisted appointing and advice..... **1-800-324-8010**



## Personal doctors you can choose from

- Our carefully selected doctors are some of the best in their fields, and they share a philosophy of care that's about treating the whole you.
- Kaiser Permanente members can also choose a clinician from **The Portland Clinic** or the **Health for Life Center** as their personal doctor.
- Our practitioners work together, supported by technology that keeps them informed of your unique health needs.
- Search our doctor biographies online at **kp.org/searchdoctors** to find a doctor who's right for you.

## Round-the-clock access to quality care

- Speak to a licensed care provider by phone anytime, or use the message center at **kp.org** to email your doctor's office with nonurgent questions.
- We offer same-day, after-hours, or weekend services at many of our locations so you can get the care you need, when you need it.

## Convenience, convenience, convenience

- Schedule and cancel routine appointments, order prescription refills, and see most lab results online securely at **my.kp.org/connectedcare**.
- Most of our facilities offer multiple services, like lab, X-ray, and pharmacy, so you can do more in one place.

## Personalized wellness programs to reshape your life

- Set goals and develop a wellness plan with a health coach by calling **1-866-301-3866** or **503-286-6816** (option 2).
- Get the support you need to quit smoking, lose weight, or manage an ongoing health condition at **kp.org/healthylifestyles**.

## Discounts for alternative care and fitness

- Get discounts for massage therapy and acupuncture as well as preferred rates on select fitness club memberships. Visit **kp.org/choosehealthy** to learn more.
- CHP Active and Healthy can save you money on gym memberships, ski lift tickets, sporting events, movies, and more. Visit **chpactiveandhealthy.com** for more information.

## Access to Intel's Health for Life Center

- Get care from personal doctors at the Health for Life Center or at a Kaiser Permanente facility.
- Access alternative care services such as physical therapy, acupuncture, and behavioral health care.

[my.kp.org/connectedcare](https://my.kp.org/connectedcare)



Your health benefits will be self-insured by your employer. Kaiser Permanente Insurance Company will provide certain administrative services for the Plan and will not be an insurer of the Plan or financially liable for health care benefits under the Plan. 500 NE Multnomah St., Suite 100, Portland, OR 97232.

# INTEL CONNECTED CARE SUMMARY OF BENEFITS FOR 2023

CHOOSE FROM 2 KAISER PERMANENTE PLANS

	Connected Care Copay Plan		Connected Care HDHP	
	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK
Deductible	None	\$250 individual, \$500 family	\$1,500 individual, \$3,000 per individual plus child(ren), \$3,750 per individual plus spouse/child(ren)	
Out-of-pocket maximum	\$1,500 individual, \$3,000 family		\$2,100 individual, \$4,200 per individual plus child(ren), \$5,000 per individual plus spouse/child(ren)	
Lifetime maximum	Unlimited	Unlimited	Unlimited	Unlimited
Office visits	\$10 primary care, \$25 specialty care	40% coinsurance after deductible	5% coinsurance after deductible	40% coinsurance after deductible
Preventive office visits	No charge	40% coinsurance after deductible	No charge	40% coinsurance after deductible
Imaging and lab tests	No charge	40% coinsurance after deductible	5% coinsurance after deductible	40% coinsurance after deductible
Durable medical equipment	No charge	40% coinsurance after deductible	5% coinsurance after deductible	40% coinsurance after deductible
Obstetric care and delivery	No charge for prenatal office visits, \$250 copay per admission delivery	40% coinsurance after deductible for prenatal office visits, 40% coinsurance after deductible for delivery	No charge for prenatal office visits, 5% coinsurance after deductible for delivery	40% coinsurance after deductible for prenatal office visits, 40% coinsurance after deductible for delivery
Hospitalization/inpatient services	\$250 copay per admission	40% coinsurance after deductible	5% coinsurance after deductible	40% coinsurance after deductible
Outpatient surgery	\$100 copay	40% coinsurance after deductible	5% coinsurance after deductible	40% coinsurance after deductible
Urgent care visits	\$50 copay	40% coinsurance after deductible	5% coinsurance after deductible	40% coinsurance after deductible
Emergency Department visits	\$100 copay (waived if admitted)	\$100 copay (waived if admitted)	5% coinsurance after deductible	5% coinsurance after deductible
Ambulance	No charge	No charge	5% coinsurance after deductible	5% coinsurance after deductible
Chiropractic care	\$15 copay, up to 30 visits per year shared across in and out of network	40% coinsurance after deductible, up to 30 visits per year shared across in and out of network	5% coinsurance after deductible, up to 30 visits per year shared across in and out of network	40% coinsurance after deductible, up to 30 visits per year shared across in and out of network
Outpatient prescription drugs*				
Generic	\$10 copay/30 days, \$20 copay/90 day mail order	\$10 copay/30 days, \$30 copay/90 days	5% coinsurance after deductible, 30-day supply	40% coinsurance after deductible, 30-day supply
Formulary brand	\$20 copay/30 days, \$50 copay/90 day mail order	\$20 copay/30 days, \$60 copay/90 days	5% coinsurance after deductible, 30-day supply	40% coinsurance after deductible, 30-day supply
Nonformulary brand	\$35 copay/30 days, \$90 copay/90 day mail order	\$35 copay/30 days, \$105 copay/90 days	5% coinsurance after deductible, 30-day supply	40% coinsurance after deductible, 30-day supply

\*Formulary contraceptives and preventive drugs: 100% covered in network, not subject to deductible. Infertility drugs: covered with applicable cost share, \$20,000 lifetime maximum shared in and out of network. Mail order available only when in-network pharmacy is utilized.

[my.kp.org/connectedcare](https://my.kp.org/connectedcare)

This is a summary of some benefits and their copays and coinsurance. It does not explain maximums, exclusions, or limitations, nor does it list all benefits and cost sharing. For a complete description of your Plan, please refer to the Summary Plan Description.

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