



Get immunized and stay protected

Immunizations are a safe and effective way of protecting yourself and the people around you. Most of the time, immunizations come in shots, which we call vaccines. From the flu and COVID-19 to other serious illnesses, here are some great reasons to get immunized.



Immunizations are effective

Rather than treating a disease after you get it, immunizations can prevent you from getting sick in the first place. They can also make the illness much less serious if you do get sick.



Vaccines help everyone

Vaccinations can help reduce missed school days for [children](#), which may help improve academic performance. Vaccinated adults also remain active at home and in the workforce, and contribute to herd immunity.



It's better than getting sick

Getting immunized [costs less](#) than getting treated for the diseases that the shots protect you from. And the risk of getting sick is much greater than the risk of having a serious reaction to the vaccine.



Scan the QR code or visit kp.org/immunizations to learn more about the benefits of immunizations.

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