

2022

Over-the-Counter (OTC) Health and Wellness Products

KAISER PERMANENTE MEDICARE ADVANTAGE (HMO) PLANS



Products listed in this catalog are available through your over-the-counter (OTC) benefit. The items are current as of January 1, 2022 and are subject to change.



Georgia Region
H1170_021_44_C

How to use your OTC Benefit

What can I order?

Over-The-Counter (OTC) products in the 2022 OTC catalog can be ordered. For the most up-to-date listing of covered OTC products, go to kp.org/otc/ga.

Please refer to your Evidence of Coverage for details. OTC benefits may change each year on January 1. Each order must be at least \$20. Any unused portion of the quarterly benefit limit will not carry forward to the next quarter. Your order may not exceed your quarterly benefit limit. Limitations and restrictions may apply. Cash, check, credits cards, or money orders are not accepted.

It is important to note that the OTC products are intended for member's health and medical use only. The health information provided in this OTC catalog is general in nature and is not medical advice or a substitute for professional healthcare. Returns are not accepted due to the personal nature of these OTC products.

Ready to order? It's easy! Call or click

1

Confirm the amount of your quarterly OTC allowance by reviewing your Evidence of Coverage (EOC)

2

Choose items from the list of products within this catalog

3

Order in one of the following ways:

- Call **1-844-232-6906 (TTY 711)** Monday – Friday 8 a.m. – 7 p.m. EST
- Visit kp.org/otc/ga

Please have your member ID handy for phone or online orders

Notices

- This information is available for free in other languages. Please call the Medline customer service number, 1-844-232-6906 (TTY 711), Monday through Friday, 8 a.m. to 7 p.m. EST.
- The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care.
- You must reside in the Kaiser Permanente health plan service area in which you enroll.

* Cannot ship to PO Boxes, Alaska, Hawaii or Puerto Rico

‡ Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under the plan, your personal physician or healthcare provider must recommend them to you for a specific diagnosed condition. Please speak to your physician or healthcare provider before ordering these items.

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Save time and money by ordering health and wellness products with your quarterly over-the-counter (OTC) credit offered with your Kaiser Permanente Medicare Advantage (HMO) plans.

Apparel & Protective Gear

Bedding & Drapes

| Item No. | Description | Pkg. | Color | Price |
|----------|---|-------|------------|---------|
| 1616 | Medline Pro Plus Standard Fluff Underpad 23x36 10Ct | 10/BG | Blue/White | \$10.00 |

Diabetes Care

Lancets

| Item No. | Description | Pkg. | - | Price |
|----------|---|--------|---|---------|
| 3304 | Medline Single-Use General Purpose Lancet 30G 100Ct | 100/BX | - | \$5.00 |
| 2182 | Adjustable Lancing Device | 1/EA | - | \$30.00 |

Sharps Containers

| Item No. | Description | Pkg. | Color | Price |
|----------|---|------|-------|---------|
| 1699 | Medline Sharps Biohazard Needle Container 1.5Qt 1Ct | 1/EA | Red | \$10.00 |
| 1096 | Medline Sharps Biohazard Needle Container 1Qt 1Ct | 1/EA | Red | \$5.00 |



Medline Pro Plus Standard Fluff Underpad 23x36 10Ct

Disposable underpads feature a combination fluff and polymer core for high absorbency and odor control.



Adjustable Lancing Device

1 ea

Easy-to-use device fits all general-purpose lancets. Non-safety style.

First Aid

Bandages

| Item No. | Description | Pkg. | Color | Price |
|----------|--|--------|---------|--------|
| 1642 | CURAD Flex-Fabric Adhesive Bandages Fingertip 100Ct | 100/BX | Natural | \$6.00 |
| 1042 | CURAD Flex-Fabric Adhesive Bandages Knuckle 100Ct | 100/BX | Natural | \$6.00 |
| 1641 | CURAD Plastic Adhesive Bandages 2x4 50Ct | 50/BX | Natural | \$6.00 |
| 1636 | CURAD Plastic Adhesive Bandages 3/4x3 80Ct | 1/BX | Tan | \$5.00 |
| 1640 | Medline NS Swift-Wrap Elastic Bandages 2inx5yd 1Ct | 1/EA | White | \$4.00 |
| 1057 | CURAD FlexSEAL Spray Bandage 1.35oz 1Ct | 1/EA | - | \$8.00 |
| 1638 | CURAD QuickStop! Bandages Assorted Sizes 30Ct | 1/BX | - | \$6.00 |
| 1063 | CURAD QuickStop! Flex-Fabric Bandages 0.75x2.83 30Ct | 1/EA | - | \$6.00 |
| 1060 | CURAD Silicone Flex Fabric Bandage 0.75x3 20Ct | 1/BX | Tan | \$6.00 |

Kits

| Item No. | Description | Pkg. | - | Price |
|----------|--|------|---|---------|
| 1056 | CURAD 175-Piece Complete First Aid Kit 1Ct | 1/EA | - | \$15.00 |

Wound Care

| Item No. | Description | Pkg. | - | Price |
|----------|-------------------------------------|------|---|--------|
| 1046 | Medi-First Antiseptic Spray 2oz 1Ct | 1/EA | - | \$8.00 |



CURAD 175-Piece Complete First Aid Kit 1Ct

Handy first aid kit is sized right for travel. Hard case holds first aid essentials including bandages, gauze, swabs, cold pack, gloves, tweezers and more.

1056

Wound Cleansers

| Item No. | Description | Pkg. | Ounce | Price |
|----------|---|------|-------|---------|
| 1637 | CURAD Sterile Nonstick Pad 3x4 20Ct | 1/BX | - | \$5.00 |
| 1073 | Medline 70% Isopropyl Alcohol 16oz 1Ct | 1/EA | - | \$3.00 |
| 2186 | Medline Isopropyl Alcohol Prep Pad 1.75x3 1Ct | 1/EA | - | \$1.00 |
| 3559 | Medline 3% Hydrogen Peroxide 16oz Bottle 1Ct | 1/EA | - | \$10.00 |

Home Diagnostics

Blood Pressure

| Item No. | Description | Pkg. | Size Group | Price |
|----------|---|------|------------|---------|
| 2284 | Medline Home Blood Pressure Kit Separate Stethoscope 1Ct | 1/EA | - | \$15.00 |
| 1650 | Medline Auto Digital Blood Pressure Monitor Univer 1Ct | 1/EA | - | \$45.00 |
| 1099 | Medline Digital Blood Pressure Monitor with Univ Cuff 1Ct | 1/EA | Universal | \$40.00 |
| 3303 | Blood Sugar Daily Tracking Logbook 1Ct | 1/EA | - | \$12.00 |
| 2184 | Medline Talking Blood Pressure Monitor with Univ Cuff 1Ct | 1/EA | - | \$20.00 |
| 1933 | Medline Deluxe Digital Wrist Blood Pressure Monitor 1Ct | 1/EA | Universal | \$20.00 |

Diabetes Monitors

| Item No. | Description | Pkg. | - | Price |
|----------|---|------|---|---------|
| 1093 | Medline Stainless Medical Alert Bracelet Diabetic 1Ct | 1/EA | - | \$12.00 |

Glucose Monitoring

| Item No. | Description | Pkg. | - | Price |
|----------|--|--------|---|---------|
| 3306 | Standard Insulin Syringe with Fixed Needle 31G 100Ct | 100/BX | - | \$15.00 |

Measuring Devices

| Item No. | Description | Pkg. | - | Price |
|----------|---|------|---|---------|
| 1648 | SlimTALK Talking Digital Floor Scale 400lb Capacity 1Ct | 1/EA | - | \$50.00 |
| 1651 | Medline Heart Rate Monitor Pedometer Watch 1Ct | 1/EA | - | \$30.00 |
| 1938 | Medline Slim Heart Rate Monitor Pedometer Watch 1Ct | 1/EA | - | \$15.00 |
| 1087 | Conair Digital Food Scale 1Ct | 1/EA | - | \$35.00 |
| 1649 | Medline Mechanical Bathroom Floor Scale 300lb Cap 1Ct | 1/EA | - | \$30.00 |

Test Kits

| Item No. | Description | Pkg. | - | Price |
|----------|---|-------|---|---------|
| 3309 | Medline Monofilament Diabetic Foot Screen Test 25Ct | 25/PK | - | \$20.00 |



1648

SlimTALK Talking Digital Floor Scale 400lb Capacity 1Ct

Low-profile design makes it easier for those with trouble lifting their legs to use. Large LCD is easy to read.



1651

Medline Heart Rate Monitor Pedometer Watch 1Ct

Water-resistant with pulse sensors for continuous monitoring. Displays date, day, hour, minute, second. Stopwatch function.



3309

Medline Monofilament Diabetic Foot Screen Test 25Ct

Cost-effective way to test for sensation and identify risk of neuropathy or diabetic foot ulcers. 5.07/10 g monofilament.

Thermometers

| Item No. | Description | Pkg. | Color | Price |
|----------|---|------|-------------|---------|
| 1100 | Medline Infrared Talking Ear / Forehead Thermometer | 1/EA | Gray/White | \$40.00 |
| 1094 | Medline Infrared No-Touch Forehead Thermometer 1Ct | 1/EA | Black/White | \$35.00 |
| 1088 | Medline Large Display Oral Digital Thermometer 1Ct | 1/EA | Blue/White | \$10.00 |
| 1089 | Medline Oral Digital Thermometer 1Ct | 1/EA | White | \$8.00 |

Home Health Care

Medical Containers

| Item No. | Description | Pkg. | Color | Price |
|----------|---|------|----------|--------|
| 2216 | Medline Pontoon Stackable Bedpan 1Ct | 1/EA | Graphite | \$3.00 |
| 3562 | Medline Graphite Color Stack-A-Pan Bedpan 1Ct | 1/EA | Graphite | \$2.00 |



Medline Infrared Talking Ear / Forehead Thermometer

Digital thermometer registers temperature in just 1 second and speaks results. Color-coded alarm signals fever.



Medline Infrared No-Touch Forehead Thermometer 1Ct

Innovative two-mode design lets you take human and surface temps in Fahrenheit or Celsius. Easy to understand colored result indicators.



Medline Large Display Oral Digital Thermometer 1Ct

Accurate Fahrenheit or Celsius results in just 20 seconds. Backlit LCD with easy-to-read large numbers. Use orally, axillary or rectally.

Incontinence

Select the Size

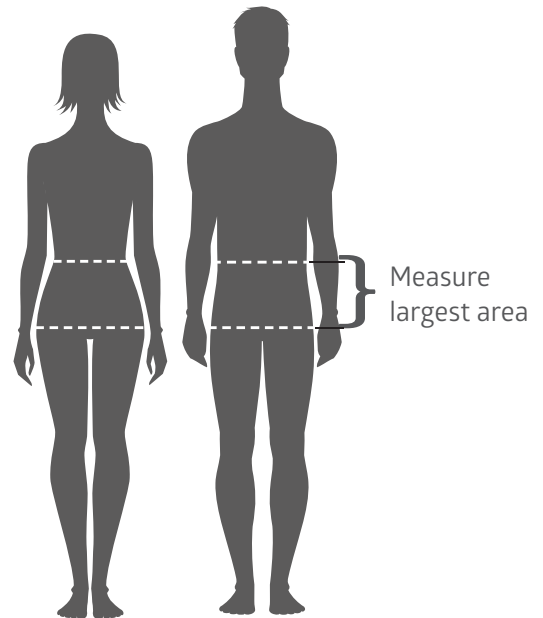
Selecting the right size is critical for containment.

Bladder Control Pads and Liner Sizing

One size fits all. Continue to Step 3.

Briefs, Protective Underwear and Knit Pant Sizing

For briefs, underwear and pants, measure the hips or waist (select the larger of the two) as follows:



Step 1

Measure the largest area from hip bone to hip bone and over the abdomen (see illustration above).

Example:

Hip bone to hip bone =
19 inches (48.3 cm)

Step 2

Double the measurement in Step 1 and add two inches.

Example:

19 inches (48.3 cm) x 2 = 38 inches (96.5 cm)
38 inches (96.5 cm) + 2 inches (5 cm) = 40 inches (102 cm)

Step 3

Using this number, select the product size from the chart below.

Example:

40 inches (102 cm) = Medium or Regular brief

Brief Size Selection

- Small** = 20–33" (51–81 cm)
- Medium** = 32–42" (81–107 cm)
- Regular** = 40–50" (102–127 cm)
- Large** = 48–58" (122–147 cm)
- X-Large** = 57–66" (150–168 cm)
- XX-Large** = 60–69" (152–175 cm)
- Bariatric** = 65–90" (165–229 cm)

Protective Underwear Size Selection

- Small** = 20–28" (51–71 cm)
- Medium** = 28–40" (71–102 cm)
- Large** = 40–56" (102–142 cm)
- X-Large** = 56–68" (142–173 cm)
- XX-Large** = 68–80" (173–203 cm)

Briefs

| Item No. | Description | Pkg. | Absorbency | Price |
|----------|---|-------|------------|---------|
| 1604 | Medline FitRight Bariatric Incontinence Brief 4XL 8Ct | 8/BG | Maximum | \$20.00 |
| 1624 | Salk Light & Dry Men's Washable Cotton Inco Brief 2XL 1Ct | 1/EA | - | \$25.00 |
| 1620 | Salk Light & Dry Men's Washable Cotton Inco Brief L 1Ct | 1/EA | Moderate | \$25.00 |
| 1621 | Salk Light & Dry Men's Washable Cotton Inco Brief M 1Ct | 1/EA | Moderate | \$25.00 |
| 1622 | Salk Light & Dry Men's Washable Cotton Inco Brief S 1Ct | 1/EA | Moderate | \$25.00 |
| 1623 | Salk Light & Dry Men's Washable Cotton Inco Brief XL 1Ct | 1/EA | Moderate | \$25.00 |
| 1629 | Salk Light & Dry Women Washable Cotton Inco Brief 2XL 1Ct | 1/EA | - | \$25.00 |
| 1625 | Salk Light & Dry Women Washable Cotton Inco Brief L 1Ct | 1/EA | Moderate | \$25.00 |
| 1626 | Salk Light & Dry Women Washable Cotton Inco Brief M 1Ct | 1/EA | Moderate | \$25.00 |
| 1627 | Salk Light & Dry Women Washable Cotton Inco Brief S 1Ct | 1/EA | Moderate | \$25.00 |
| 1628 | Salk Light & Dry Women Washable Cotton Inco Brief XL 1Ct | 1/EA | - | \$25.00 |
| 1423 | Medline FitRight Ultra Disposable Briefs 2XL 20Ct | 20/BG | Heavy | \$20.00 |
| 1613 | Medline FitRight Ultra Disposable Briefs 2XL 80Ct | 80/CS | Heavy | \$50.00 |
| 1112 | Medline FitRight Ultra Disposable Briefs L 20Ct | 20/BG | Heavy | \$20.00 |
| 1609 | Medline FitRight Ultra Disposable Briefs L 80Ct | 80/CS | Heavy | \$50.00 |
| 1113 | Medline FitRight Ultra Disposable Briefs M 20Ct | 20/BG | Heavy | \$20.00 |
| 1610 | Medline FitRight Ultra Disposable Briefs M 80Ct | 80/CS | Heavy | \$50.00 |
| 1424 | Medline FitRight Ultra Disposable Briefs Regular 20Ct | 20/BG | Heavy | \$20.00 |
| 1425 | Medline FitRight Ultra Disposable Briefs S 20Ct | 20/BG | Heavy | \$20.00 |
| 1611 | Medline FitRight Ultra Disposable Briefs Size S 80Ct | 80/CS | Heavy | \$50.00 |
| 1114 | Medline FitRight Ultra Disposable Briefs XL 20Ct | 20/BG | Heavy | \$20.00 |
| 1612 | Medline FitRight Ultra Disposable Briefs XL 80Ct | 80/CS | Heavy | \$50.00 |

Liners & Pads

| Item No. | Description | Pkg. | Absorbency | Price |
|----------|--|--------|------------|---------|
| 1617 | Medline Bladder Pads Light Absorbency 180Ct | 180/CS | Light | \$45.00 |
| 1104 | Medline Bladder Pads Light Absorbency 20Ct | 20/BG | Light | \$12.00 |
| 1413 | Medline FitRight Bladder Pad 4.3x11 Moderate 16Ct | 16/BG | Moderate | \$12.00 |
| 1414 | Medline FitRight Bladder Pad 5.5x13.75 Maximum 10Ct | 10/BG | Maximum | \$12.00 |
| 1415 | Medline FitRight Bladder Pad 5.5x15.75 Ultimate 10Ct | 10/BG | Ultimate | \$12.00 |
| 1412 | Medline FitRight Bladder Pads 3.5x9 Light 20Ct | 20/BG | Light | \$12.00 |
| 1411 | Medline FitRight Active Guards for Men 6x11 52Ct | 52/BG | Light | \$15.00 |

Protective Underwear

| Item No. | Description | Pkg. | Size | Price |
|----------|--|-------|--------------|---------|
| 1607 | Medline FitRight Super Disposable Underwear L 20Ct | 20/BG | Large | \$25.00 |
| 1606 | Medline FitRight Super Disposable Underwear M 20Ct | 20/BG | Medium | \$25.00 |
| 1608 | Medline FitRight Super Disposable Underwear XL 20Ct | 20/BG | XLarge | \$25.00 |
| 1417 | Medline Men's FitRight Underwear Heavy Absorb L/ XL 20Ct | 20/BG | Large/Xlarge | \$20.00 |
| 1416 | Medline Men's FitRight Underwear Heavy Absorb S/M 20Ct | 20/BG | Small/Medium | \$20.00 |
| 1419 | Medline Women FitRight Underwear Heavy Absorb L/XL 20Ct | 20/BG | Large/Xlarge | \$20.00 |
| 1418 | Medline Women's FitRight Underwear Heavy Absorb S/M 20Ct | 20/BG | Small/Medium | \$20.00 |

Tips for choosing incontinence products:

Thicker isn't always better. There are products available with superabsorbent polymers that are thin and discreet while offering excellent protection. Superabsorbent polymers are as tiny as salt crystals but can absorb and retain extremely large amounts of fluid relative to their mass.

Bladder pads are not the same as feminine hygiene pads. Bladder control pads have unique superabsorbent polymers that allow them to absorb urine quickly.

Bladder pads are not for women only. Men with light urinary incontinence can also benefit from products that are thin, discreet and absorbent. Today's bladder control pads are comfortable for both men and women.

Underpads

| Item No. | Description | Pkg. | Dimensions | Price |
|----------|--|-------|------------|---------|
| 1119 | Medline Pro Plus Best Polymer Underpad 23x36 10Ct | 10/BG | 23 x 36in | \$10.00 |
| 1427 | Premium Disposable Polymer Underpads 30x30 10Ct | 10/BG | 30 x 30in | \$12.00 |
| 1614 | Medline Sofnit 300 Reusable Underpad 34x36 Pink 1Ct | 1/EA | 34 x 36in | \$15.00 |
| 1618 | Medline FitRight Underpad Heavy Absorbency 30x30 10Ct | 10/BG | 30 x 30in | \$12.00 |
| 1619 | Medline FitRight Underpad Heavy Absorbency 30x36 10Ct | 10/BG | 30 x 36in | \$12.00 |
| 1615 | Medline FitRight Underpad Moderate Absorbency 23x36 15Ct | 15/BG | 23 x 36in | \$15.00 |
| 1406 | Ultrasorbs Premium Underpads 23x36 10Ct | 10/BG | 23 x 36in | \$20.00 |
| 1407 | Ultrasorbs Premium Underpads 30x36 5Ct | 5/BG | 30 x 36in | \$12.00 |

Medications Over The Counter

Anti-Fungal & Anti-Itch

| Item No. | Description | Pkg. | Form | Price |
|----------|--|------|--------|---------|
| 1045 | Dr. Sheffield Anti-Itch Diphenhydramine Cream 1.2oz 1Ct | 1/EA | Cream | \$5.00 |
| 1925 | CURAD Triple Antibiotic Ointment Pain Relief 1oz 1Ct | 1/EA | Cream | \$8.00 |
| 1083 | CURAD Triple First Aid Antibiotic Ointment 1oz 1Ct | 1/EA | Cream | \$6.00 |
| 1195 | GoodSense Hemorrhoid Ointment 2oz 1Ct | 1/EA | Cream | \$7.00 |
| 1120 | Dr. Sheffield's Athlete's Foot Cream 0.5oz 1Ct | 1/TB | Cream | \$7.00 |
| 1143 | Dr. Sheffield Antifungal Cream Tolnaftate 1% 1.25oz 1Ct | 1/EA | Cream | \$6.00 |
| 1024 | Fluticasone Propionate Nasal Spray 50mcg 1Ct | 1/EA | Spray | \$22.00 |
| 1194 | Clotrimazole Yeast Infection Vaginal Cream 7-Day Treatment | 1/EA | Cream | \$10.00 |
| 1075 | Natrapel DEET-Free Insect Repellent 3.4oz Spray 1Ct | 1/EA | Spray | \$9.00 |
| 1138 | Gold Bond Medicated Foot Powder 4oz | 1/EA | Powder | \$5.00 |
| 1048 | Ben's DEET Tick and Insect Repellent 3.4oz 1Ct | 1/EA | Spray | \$9.00 |

Cough, Cold & Allergy

| Item No. | Description | Pkg. | Form | Price |
|----------|--|------|---------|---------|
| 1603 | Liquid Cough Syrup Guaifenesin Dextromethorphan 16oz 1Ct | 1/BT | Liquid | \$10.00 |
| 1023 | Liquid Cough Syrup Guaifenesin Dextromethorphan 4oz 1Ct | 1/BT | Liquid | \$4.00 |
| 1302 | Liquid Cough Syrup Guaifenesin Expectorant 16oz 1Ct | 1/BT | Liquid | \$10.00 |
| 1012 | Cetirizine Allergy Relief Tablets 10mg 90Ct | 1/BT | Tablet | \$14.00 |
| 1600 | GoodSense Cough Drops 7.5mg Menthol Honey Lemon 30Ct | 1/EA | Lozenge | \$3.00 |
| 1021 | GoodSense Sugar-Free Black Cherry Cough Drops 25Ct | 1/BG | Lozenge | \$3.00 |
| 1013 | Loratadine 24-Hour Allergy Relief Tablet 30Ct | 1/BT | Tablet | \$5.00 |
| 1034 | GoodSense Sore Throat Lozenges Cherry 18Ct | 1/EA | Lozenge | \$5.00 |
| 1033 | Reliable-1 Saline Nasal Spray 3oz 1Ct | 1/EA | Spray | \$6.00 |
| 1602 | Major Sugar-Free Cherry Sore Throat Spray 6oz 1Ct | 1/BT | Spray | \$7.00 |
| 1026 | Medicated Chest Rub 3.53oz 1Ct | 1/EA | - | \$7.00 |
| 1030 | Dr. Sheffield's 12-Hr Nasal Decongestant Spray 1oz 1Ct | 1/EA | Spray | \$5.00 |
| 1022 | CURAD Breathe Clear Nasal Strips 30Ct | 1/BX | - | \$12.00 |



1603

Liquid Cough Syrup Guaifenesin Dextromethorphan 16oz 1Ct

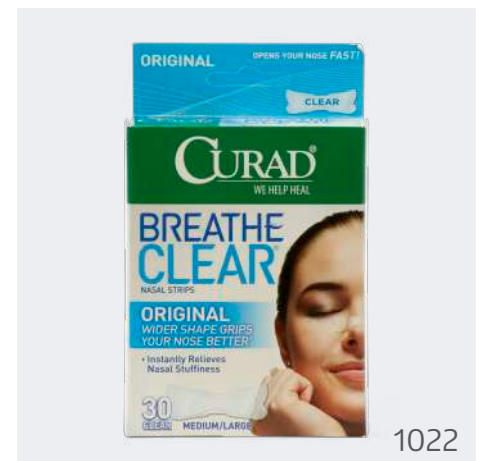
Multi-symptom formula contains an expectorant and a cough suppressant for cough and cold relief. Alcohol-free, sugar-free. Cherry flavor.



1012

Cetirizine Allergy Relief Tablets 10mg 90Ct

Original prescription strength antihistamine for indoor and outdoor allergies. 24-hour relief of sneezing, runny nose, itchy eyes/throat/nose.



1022

CURAD Breathe Clear Nasal Strips 30Ct

Easy-to-apply wide strips open your nose to help relieve nasal stuffiness fast. Great drug-free solution. Clear. Size M/L.

Medication Aids

| Item No. | Description | Pkg. | Color | Price |
|----------|--|------|------------|--------|
| 1694 | Medline Pill Crusher 1Ct | 1/BX | Blue | \$5.00 |
| 1091 | Medline 7-Day Pill Reminder Organizer 1Ct | 1/EA | Clear | \$8.00 |
| 1693 | Silicone Pill Bottle Opener 1Ct | 1/EA | Blue | \$5.00 |
| 1695 | Medline 7-Day Pill Organizer Clear 1X/Day | 1/EA | Clear | \$4.00 |
| 1698 | Medline 7-Day Pill Organizer Multicolor 2X/Day | 1/EA | Multicolor | \$6.00 |
| 1697 | Medline EZ Push Button 7-Day Pill Organizer 1X/Day 1Ct | 1/EA | Multicolor | \$5.00 |

Pain & Fever Relief

| Item No. | Description | Pkg. | Strength | Price |
|----------|---|-------|----------|---------|
| 1192 | Capsaicin Analgesic Pain Relief Cream 2.1oz Tube 1Ct | 1/EA | - | \$8.00 |
| 1209 | Ultra Strength Muscle Rub Cream 3oz 1Ct | 1/EA | - | \$6.00 |
| 1708 | CareAll Muscle Joint Vanishing Scent Gel Menthol 3oz 1Ct | 1/TB | - | \$6.00 |
| 1067 | GoodSense Epsom Salt 16oz 1Ct | 1/BT | - | \$5.00 |
| 1204 | Acetaminophen Reg Strength Tablet 325mg 100Ct | 1/BT | 325 mg | \$6.00 |
| 1715 | Medline Chewable Aspirin Tablets 81mg 36Ct | 1/BT | 81 mg | \$3.00 |
| 1190 | Adult Low-Dose Enteric Aspirin Tablet 81mg 120Ct | 1/BT | 81 mg | \$5.00 |
| 1646 | MyDerm Bite Relief Benzocaine Ointment 1.75oz 1Ct | 1/EA | - | \$8.00 |
| 1712 | Beyond BodiHeat 12-Hour Pain Relief Heat Pads 4Ct | 1/BX | - | \$8.00 |
| 1643 | GoodSense X-Strength Medicated Cold/Hot Patch Small 5Ct | 1/BX | - | \$8.00 |
| 1706 | AZO Urinary Pain Relief Tablets 30Ct | 1/BX | - | \$10.00 |
| 1713 | Extra-Strength Headache Pain Reliever 250mg 100Ct | 1/BT | 250 mg | \$10.00 |
| 1714 | Cooling Migraine Headache Pads 3Ct | 1/BX | - | \$5.00 |
| 1711 | Ice Blue Menthol 2% Pain Gel 16oz. 1Ct | 1/EA | - | \$10.00 |
| 1187 | Aspercreme with Lidocaine Pain Relieving Cream 2.7oz 1Ct | 1/EA | - | \$10.00 |
| 1707 | Akron Pharma Hemorrhoid Hygiene Pads w Witch Hazel 100Ct | 1/EA | - | \$8.00 |
| 1197 | GoodSense Hemorrhoid Suppositories 24Ct | 24/BX | - | \$10.00 |
| 1710 | TheraCare Max Strength Pain Relief 4% Lidocaine Patch 5Ct | 1/BX | - | \$9.00 |
| 1644 | Medi-First Insect Sting Relief Pads 10Ct | 1/BX | - | \$9.00 |

Stomach Remedies

| Item No. | Description | Pkg. | Strength | Price |
|----------|--|------|----------|---------|
| 2211 | Bisacodyl Laxative Tablet 5mg 25Ct | 1/BT | 5 mg | \$4.00 |
| 1240 | Docusate Sodium Stool Softener Softgel 100mg 100Ct | 1/EA | 100 mg | \$7.00 |
| 1727 | GoodSense ClearLax Powder Laxative 4.1oz 1Ct | 1/BT | - | \$10.00 |
| 1234 | Medline Senna Natural Vegetable Laxative Tablets 8.6mg 100Ct | 1/BT | 8.6 mg | \$7.00 |
| 1729 | Geri-Mox Reg Strength Antacid & Antigas Liquid 12oz 1Ct | 1/BT | - | \$6.00 |
| 1733 | Loperamide Anti-Diarrheal Caplets 2mg 12Ct | 1/EA | 2 mg | \$5.00 |
| 1218 | Flavored Reg Strength Alkum Antacid Tablets 500mg 150Ct | 1/EA | 500 mg | \$4.00 |
| 1730 | Ultra Strength Simethicone Gas Softgels 180mg 60Ct | 1/BT | 180 mg | \$7.00 |
| 1231 | GeriCare Milk of Magnesia 12oz 1Ct | 1/BT | - | \$6.00 |
| 1731 | GeriCare Chewable Gas Relief Tablets 80mg 100Ct | 1/EA | 80 mg | \$10.00 |
| 1222 | Ultra Calcium Carbonate Antacid Soft Chew 1177mg 36Ct | 1/BG | 1177 mg | \$7.00 |
| 1239 | Bismatrol Chewable Antacid Tablets 200mg 30Ct | 1/BX | 200 mg | \$6.00 |
| 1237 | Medline Pure & Gentle Saline Enema Laxative 4.5oz 1Ct | 1/EA | - | \$4.00 |

Stop Smoking

| Item No. | Description | Pkg. | Strength | Price |
|----------|---|--------|----------|---------|
| 1726 | GoodSense Nicotine Gum 2mg Mint 110Ct | 110/BX | 2 mg | \$40.00 |
| 1210 | GoodSense Nicotine Gum 4mg Mint 110Ct | 110/BX | 4 mg | \$40.00 |
| 1213 | Rugby Nicotine Stop Smoking Patch Step One 21mg 14Ct | 1/BX | 21 mg | \$30.00 |
| 1214 | Rugby Nicotine Stop Smoking Patch Step Three 7mg 14Ct | 1/BX | 7 mg | \$30.00 |
| 1212 | Rugby Nicotine Stop Smoking Patch Step Two 14mg 14Ct | 1/BX | 14 mg | \$30.00 |
| 1725 | GoodSense Nicotine Polacrilex Lozenges 2mg 72Ct | 1/PK | 2 mg | \$40.00 |
| 1211 | GoodSense Nicotine Polacrilex Lozenges 4mg 72Ct | 1/PK | 4 mg | \$40.00 |

Mobility

Bath Safety

| Item No. | Description | Pkg. | Weight Capacity | Price |
|----------|--|------|-----------------|---------|
| 1771 | Medline Knockdown Transfer Bench with Microban 1Ct | 1/EA | 350 lbs | \$70.00 |

Braces & Supports

| Item No. | Description | Pkg. | Size | Price |
|----------|--|------|--------|---------|
| 1174 | Medline Neoprene Slip-On Elbow Support L 1Ct | 1/EA | Large | \$15.00 |
| 1175 | Medline Neoprene Slip-On Elbow Support M 1Ct | 1/EA | Medium | \$15.00 |
| 1176 | Medline Neoprene Slip-On Elbow Support S 1Ct | 1/EA | Small | \$15.00 |
| 1512 | Medline Neoprene Slip-On Elbow Support XL 1Ct | 1/EA | XLarge | \$15.00 |
| 1170 | Medline Knee Support with Removable U-Buttress L 1Ct | 1/EA | Large | \$48.00 |
| 1171 | Medline Knee Support with Removable U-Buttress M 1Ct | 1/EA | Medium | \$48.00 |
| 1172 | Medline Knee Support with Removable U-Buttress S 1Ct | 1/EA | Small | \$48.00 |



Medline Neoprene Slip-On Elbow Support M 1Ct

Thick neoprene support is anatomically contoured to help reduce bunching.

Medline Knockdown Transfer Bench with Microban 1Ct

Wide bench with sturdy aluminum frame helps make getting in/out of the bathtub and showering easier. Suction cup feet. 350-lb. capacity. Easy assembly.

Medline Knee Support with Removable U-Buttress S 1Ct

Neoprene with 4-way stretch for uniform compression. Soft-seam construction for comfort. 4 spiral medial and lateral stays for extra stability.

| | | | | |
|------|--|------|-----------|---------|
| 1742 | Medline Knee Support with Removable U-Buttress XL 1Ct | 1/EA | XLarge | \$48.00 |
| 1165 | IMAK RSI Smart Glove PM Carpal Tunnel Night Brace | 1/EA | Universal | \$30.00 |
| 1184 | CURAD Performance Elastic Pull-Over Wrist Support L 1Ct | 1/EA | Large | \$8.00 |
| 1510 | CURAD Performance Elastic Pull-Over Wrist Support M 1Ct | 1/EA | Medium | \$6.00 |
| 1511 | CURAD Performance Elastic Pull-Over Wrist Support S 1Ct | 1/EA | Small | \$5.00 |
| 1509 | CURAD Performance Elastic Pull-Over Wrist Support XL 1Ct | 1/EA | XLarge | \$5.00 |
| 1703 | Medline Carpal Tunnel Glove with Flexible Splint L 1Ct | 1/EA | Large | \$25.00 |
| 1704 | Medline Carpal Tunnel Glove with Flexible Splint M 1Ct | 1/EA | Medium | \$25.00 |
| 1705 | Medline Carpal Tunnel Glove with Flexible Splint S 1Ct | 1/EA | Small | \$25.00 |
| 1655 | AliMed EVENup Orthotic Shoe Lift L 1Ct | 1/EA | Large | \$40.00 |
| 1504 | CURAD Performance Dual Strap Elbow Support Microban 1Ct | 1/EA | Universal | \$10.00 |
| 1741 | CURAD Adjustable Knee Support Patella Cutout 1Ct | 1/EA | Universal | \$14.00 |
| 1654 | AliMed EVENup Orthotic Shoe Lift M 1Ct | 1/EA | Medium | \$40.00 |

Canes

| Item No. | Description | Pkg. | Color | Price |
|----------|---|------|--------|---------|
| 1147 | Medline Offset Handle Aluminum Cane 300lb Cap Black 1Ct | 1/EA | Black | \$10.00 |
| 1474 | Medline Offset Handle Aluminum Cane 300lb Chrome 1Ct | 1/EA | Chrome | \$10.00 |
| 2226 | Medline Standard Aluminum Cane 300lb Black 1Ct | 1/EA | Black | \$10.00 |



CURAD Performance Elastic Pull-Over Wrist Support M 1Ct

Slips on easily to help provide support for weak or injured wrist. Unique design fits right or left wrist.



CURAD Performance Dual Strap Elbow Support Microban 1Ct

Provides support for common elbow injuries including mild strains and sprains. Helps prevent further trauma during healing.



Medline Offset Handle Aluminum Cane 300lb Cap Black 1Ct

.8-lb. cane with a foam handle and convenient wrist strap. Height adjusted from 29" to 38". A nice alternative to the institutional look of chrome walking aids

Fall Prevention

| Item No. | Description | Pkg. | Weight Capacity | Price |
|----------|---|------|-----------------|---------|
| 1635 | Medline Handheld Shower Kit 1Ct | 1/EA | - | \$25.00 |
| 1010 | Medline Stainless Steel Bathtub Safety Grab Bar 1Ct | 1/EA | 250 lbs | \$50.00 |
| 1634 | Medline Guardian Toilet Safety Rails 2Ct | 1/EA | 300 lbs | \$50.00 |
| 1004 | Medline Guardian Economy Raised Toilet Seat 1Ct | 1/EA | 250 lbs | \$20.00 |
| 1005 | Medline Rubber Bath Mat 13.4x29 White 1Ct | 1/EA | - | \$15.00 |
| 1008 | Medline Nonslip Tub and Stair Safety Treads 8Ct | 1/EA | - | \$5.00 |
| 1773 | Medline Locking Raised Toilet Seat with Arms 1Ct | 1/EA | 350 lbs | \$40.00 |
| 1770 | Medline Knockdown Bath Bench with Arms 1Ct | 1/EA | 350 lbs | \$35.00 |
| 1003 | Medline Knockdown Bath Bench with Arms and Back 1Ct | 1/EA | 350 lbs | \$45.00 |



Medline Stainless Steel Bathtub Safety Grab Bar 1Ct

Sturdy, multilevel bar clamps on to tub walls 2.75-6.25 inch wide to help make getting in/out of bath easier. Supports up to 250 lbs. White finish.



Medline Guardian Toilet Safety Rails 2Ct

Easy-to-install aluminum bathroom aid makes getting on/off toilet easier. Foam armrests for a comfortable grip. 26-31 inch adjustable height.



Medline Knockdown Bath Bench with Arms and Back 1Ct

Rust-resistant bench with sturdy aluminum frame helps make showering easier. Nonslip feet. 13.5 x 16 inch seat. 350-lb. capacity. Tool-free assembly.

Fitness & Rehab

| Item No. | Description | Pkg. | Color | Price |
|----------|--|------|-------|---------|
| 1041 | Medline Accu-Therm Reusable Hot/Cold Gel Pack 5x10 1Ct | 1/EA | - | \$10.00 |
| 1639 | CURAD Hot or Cold Therapy Water Bottle 1Ct | 1/BX | Red | \$15.00 |

Mobility Aids

| Item No. | Description | Pkg. | - | Price |
|----------|--------------------------------------|------|---|---------|
| 3307 | Medline Leg Lifter Mobility Aid 1Ct | 1/EA | - | \$5.00 |
| 2188 | Medline Pistol Grip Reacher 26in 1Ct | 1/EA | - | \$10.00 |
| 2126 | Medline Pistol Grip Reacher 32in 1Ct | 1/EA | - | \$10.00 |

Personal Care

Arthritis


| Item No. | Description | Pkg. | Size | Price |
|----------|---|------|--------|---------|
| 1701 | CURAD Arthritis Relief Compression Gloves L 1Pair | 1/PR | Large | \$15.00 |
| 1702 | CURAD Arthritis Relief Compression Gloves M 1Pair | 1/PR | Medium | \$15.00 |

Compression Garments

| Item No. | Description | Pkg. | Color | Price |
|----------|--|------|-------|---------|
| 1125 | CURAD Cushion Compression Sock 15-20mmHg Wh B Reg 1Pr | 1/EA | White | \$18.00 |
| 1123 | CURAD Cushion Compression Sock 15-20mmHg Wh C Reg 1Pr | 1/EA | White | \$18.00 |
| 1692 | CURAD Cushion Compression Sock 15-20mmHg Wh D Reg 1Pr | 1/EA | White | \$18.00 |
| 1657 | CURAD Knee Compression Hosiery 15-20mmHg Blk A Reg 1Pr | 1/EA | Black | \$17.00 |
| 1658 | CURAD Knee Compression Hosiery 15-20mmHg Blk B Regular 1Pr | 1/EA | Black | \$17.00 |
| 1659 | CURAD Knee Compression Hosiery 15-20mmHg Blk C Regular 1Pr | 1/EA | Black | \$17.00 |
| 1660 | CURAD Knee Compression Hosiery 15-20mmHg Blk D Reg 1Pr | 1/EA | Black | \$17.00 |

| | | | | |
|------|--|------|-------|---------|
| 1661 | CURAD Knee Compression Hosiery 15-20mmHg Blk E Reg 1Pr | 1/EA | Black | \$20.00 |
| 1662 | CURAD Knee Compression Hosiery 15-20mmHg Blk F Regular 1Pr | 1/EA | Black | \$20.00 |
| 1663 | CURAD Knee Compression Hosiery 15-20mmHg Blk G Regular 1Pr | 1/EA | Black | \$17.00 |
| 1685 | CURAD Knee Compression Hosiery 15-20mmHg Tan A Reg 1Pr | 1/EA | Tan | \$17.00 |
| 1686 | CURAD Knee Compression Hosiery 15-20mmHg Tan B Regular 1Pr | 1/EA | Tan | \$17.00 |
| 1687 | CURAD Knee Compression Hosiery 15-20mmHg Tan C Regular 1Pr | 1/EA | Tan | \$17.00 |
| 1688 | CURAD Knee Compression Hosiery 15-20mmHg Tan D Regular 1Pr | 1/EA | Tan | \$17.00 |
| 1689 | CURAD Knee Compression Hosiery 15-20mmHg Tan E Regular 1Pr | 1/EA | Tan | \$20.00 |
| 1690 | CURAD Knee Compression Hosiery 15-20mmHg Tan F Regular 1Pr | 1/EA | Tan | \$20.00 |
| 1691 | CURAD Knee Compression Hosiery 15-20mmHg Tan G Regular 1Pr | 1/EA | Tan | \$20.00 |

Compression Garment Sizing Guide



Length
Measure from the bend in the knee to the bottom of the heel.

Calf Circumference
Measure around the widest point of the calf.

Ankle Circumference
Measure around the ankle bones.

| Ankle | Calf | Size |
|-------------|---------|------|
| 7"-7 7/8" | 10"-13" | A |
| 8"-8 7/8" | 12"-15" | B |
| 9"-9 7/8" | 14"-17" | C |
| 10"-10 7/8" | 16"-19" | D |
| 11"-11 7/8" | 18"-21" | E |
| 12"-12 7/8" | 20"-23" | F |
| 13"-13 7/8" | 22"-26" | G |

Contraceptives

| Item No. | Description | Pkg. | - | Price |
|----------|--|-------|---|---------|
| 3315 | Trojan ENZ Non-Lubricated Latex Condoms 12Ct | 12/BX | - | \$10.00 |
| 3314 | Rugby Premium Lubricated Latex Condoms 12Ct | 1/BX | - | \$10.00 |

Eye & Ear Care

| Item No. | Description | Pkg. | Ounce | Price |
|----------|---|-------|-------|---------|
| 1630 | Artificial Tears Lubricant Eye Drops 1/2oz 1Ct | 1/EA | 0.5 | \$6.00 |
| 1035 | Dr. Sheffield's Ear Wax Removal Drops 15mL 1Ct | 1/EA | 0.5 | \$5.00 |
| 1631 | Refresh Plus Lubricant Eye Drops Single Containers 30Ct | 30/BX | 0.014 | \$24.00 |
| 1036 | GoodSense Irritation Relief Eye Drops 15 mL 1Ct | 1/EA | 0.5 | \$5.00 |
| 1037 | Ketotifen Fumarate Eye Itch Relief Drops 0.17oz 1Ct | 1/EA | 0.17 | \$12.00 |

Feminine Care

| Item No. | Description | Pkg. | Absorbency | Price |
|----------|--|-------|------------|---------|
| 1815 | Fiore Light Daily Panty Liners Long 40Ct | 40/BX | Light | \$10.00 |

Hand Sanitizers

| Item No. | Description | Pkg. | Ounce | Price |
|----------|--|------|-------|---------|
| 3305 | Medline Spectrum Advanced Hand Sanitizer Gel 4oz 1Ct | 1/EA | 4 | \$4.00 |
| 1401 | Hand-E-Foam Alcohol-Free Hand Sanitizer 8oz 1Ct | 1/EA | 8 | \$12.00 |



Refresh Plus Lubricant Eye Drops Single Containers 30Ct

Provides immediate, soothing relief for dry eyes. Also for LASIK dryness. Sterile, single-use containers. Preservative-free.



Hand-E-Foam Alcohol-Free Hand Sanitizer 8oz 1Ct

Alcohol-free benzethonium chloride formula enriched with vitamin E. Won't dry out skin. No sticky, tacky residue.

Leg & Foot Care

| Item No. | Description | Pkg. | Size | Price |
|----------|--|------|--------------|---------|
| 1132 | CURAD Mediplast Wart Remover Pads 2x3 1Ct | 1/EA | - | \$2.00 |
| 1433 | GoodSense Corn Cushions 9Ct | 1/PK | Universal | \$5.00 |
| 1468 | GoodSense Lamb's Wool Toe Padding 3/8oz 1Ct | 1/EA | - | \$8.00 |
| 1664 | GoodSense Medicated Corn Removers 9Ct | 1/PK | - | \$5.00 |
| 3313 | Bird & Cronin Toe Crest Pads Left Large 3Ct | 3/PK | Large | \$30.00 |
| 3310 | Bird & Cronin Toe Crest Pads Left Medium 3Ct | 1/PK | Medium | \$30.00 |
| 3311 | Bird & Cronin Toe Crest Pads Left Small 3Ct | 1/PK | Small | \$30.00 |
| 2209 | Bird & Cronin Toe Crest Pads Right Large 3Ct | 1/PK | Large | \$30.00 |
| 3312 | Bird & Cronin Toe Crest Pads Right Medium 3Ct | 1/PK | Medium | \$30.00 |
| 2212 | Bird & Cronin Toe Crest Pads Right Small 3Ct | 3/PK | Small | \$30.00 |
| 1441 | Medline Gel Hammer Toe Crest 1Ct | 1/EA | - | \$9.00 |
| 1677 | Medline Clear Gel Toe Caps L/XL 10Ct | 1/PK | Large/Xlarge | \$40.00 |
| 1678 | Medline Clear Gel Toe Caps S/M 10Ct | 1/PK | Small/Medium | \$40.00 |
| 1676 | Medline Gel Ribbed Digital Toe Caps L/XL 1Ct | 1/EA | Large/Xlarge | \$5.00 |
| 1675 | Medline Gel Ribbed Digital Toe Caps S/M 1Ct | 1/EA | Small/Medium | \$5.00 |
| 1653 | Brigg's Double Toe Straightener Hammer Toe Regulator Left | 1/EA | - | \$20.00 |
| 1652 | Brigg's Double Toe Straightener Hammer Toe Regulator Right | 1/EA | - | \$20.00 |
| 1245 | Remedy Phytoplex Antifungal Powder Miconazole 3oz 1Ct | 1/EA | - | \$10.00 |



1482

Biotene Dry Mouth Moisturizing Spray 1.5oz 1Ct

Oral spray provides immediate relief of dry mouth. Long-lasting, soothing moisturizing helps keep mouth fresh. Gentle mint flavor.



1149

Conair InterPlak Rechargeable Cordless Toothbrush 1Ct

Opticlean power plaque remover has a triple-action brush head that cleans and polishes teeth. Compact recharging base plus 2 brush heads with color rings included.

| | | | | |
|------|---|------|--------|---------|
| 2189 | Shower-Safe Leg Cast Protector Large 1Ct | 1/EA | Large | \$20.00 |
| 1667 | Pedifix Washable Arch Binder L 1Pr | 1/BX | Large | \$15.00 |
| 1666 | Pedifix Washable Arch Binder M 1Pr | 1/BX | Medium | \$15.00 |
| 1665 | Pedifix Washable Arch Binder S 1Pr | 1/BX | Small | \$15.00 |
| 1668 | Pedifix Washable Arch Binder XL 1Pr | 1/BX | XLarge | \$15.00 |
| 1431 | Pedifix Visco-Gel Big Toe Hallux Bunion Guard 1Ct | 1/EA | - | \$10.00 |
| 2213 | Pedifix Peel-Away Adjustable Heel Lift L 1Ct | 1/EA | Large | \$15.00 |
| 2214 | Pedifix Peel-Away Adjustable Heel Lift M 1Ct | 1/EA | Medium | \$15.00 |
| 1672 | Pedifix Peel-Away Adjustable Heel Lift Retail L 1Ct | 1/PK | Large | \$15.00 |
| 1673 | Pedifix Peel-Away Adjustable Heel Lift Retail M 1Ct | 1/PK | Medium | \$15.00 |
| 1674 | Pedifix Peel-Away Adjustable Heel Lift Retail S 1Ct | 1/PK | Small | \$15.00 |
| 2215 | Pedifix Peel-Away Adjustable Heel Lift S 1Ct | 1/EA | Small | \$15.00 |

Oral Care

| Item No. | Description | Pkg. | Color | Price |
|----------|---|-------|------------|---------|
| 2227 | Medline SparkleFresh Denture Adhesive Cream 2.4oz 1Ct | 1/EA | - | \$9.00 |
| 1155 | Denture Cleanser Tablets 90Ct | 90/BX | - | \$8.00 |
| 1480 | Biotene Alcohol-Free Dry Mouth Mouthwash 16oz 1Ct | 1/EA | - | \$10.00 |
| 1163 | Medline Super Soft Wrapped Adult Toothbrush 1Ct | 1/EA | Light Blue | \$2.00 |
| 1494 | Fresh Mint Sensitive Teeth Toothpaste 4.3oz 1Ct | 1/TB | - | \$5.00 |
| 1160 | Dr. Sheffield's Oral Toothache Relief Gel .33oz 1Ct | 1/TB | - | \$5.00 |
| 1152 | Medtech Oral BrushPicks 275Ct | 1/PK | - | \$6.00 |
| 1151 | Colgate 360 Sonic Replacement Brush Heads Soft 2Ct | 1/EA | - | \$10.00 |
| 1150 | Colgate Optic White Battery Powered Toothbrush 1Ct | 1/EA | White | \$15.00 |
| 1482 | Biotene Dry Mouth Moisturizing Spray 1.5oz 1Ct | 1/EA | - | \$12.00 |
| 1479 | Aim Cavity Protection Mint Gel Toothpaste 5.5oz 1Ct | 1/TB | - | \$4.00 |
| 1161 | Pepsodent Complete Care Toothpaste 5.5oz 1Ct | 1/TB | - | \$4.00 |
| 1157 | GoodSense Mint Flossers 90Ct | 1/BG | - | \$5.00 |
| 1149 | Conair InterPlak Rechargeable Cordless Toothbrush 1Ct | 1/EA | White/Blue | \$35.00 |
| 1488 | InterPlak Rechargeable Toothbrush Replacement Heads 2Ct | 2/PK | White | \$15.00 |
| 1154 | Freshmint Waxed Mint Dental Floss 100yd | 1/EA | - | \$3.00 |

| | | | | |
|------|--|------|------------|--------|
| 1487 | GUM Proxabrush Go-Betweens Teeth Cleaners 10Ct | 1/PK | - | \$6.00 |
| 1876 | Denture Brush With Easy-Grip Handle Medium 1Ct | 1/PK | Multicolor | \$5.00 |
| 1495 | Sunstar Tongue Cleaner Brush 1Ct | 1/EA | White/Blue | \$4.00 |
| 1492 | Medline Mouth Moisturizer Oral Gel 3g Pkt 1Ct | 1/EA | - | \$1.00 |

Skin Care + Hair Care

| Item No. | Description | Pkg. | Ounce | Price |
|----------|--|--------|-------|---------|
| 1428 | Remedy Phytoplex No-Rinse Foam Cleanser 8oz 1Ct | 1/EA | 8 | \$10.00 |
| 1517 | Remedy Phytoplex Hydraguard Silicone Skin Cream 4oz 1Ct | 1/EA | 4 | \$9.00 |
| 1246 | Remedy Phytoplex Skin Cream Moisturizer Scented 8oz 1Ct | 1/EA | 8 | \$8.00 |
| 2217 | Medline Remedy Olivamine Nutrashield Skin Cream 4oz 1Ct | 1/EA | 4 | \$17.00 |
| 1115 | Remedy Phytoplex Z-Guard Skin Protectant Paste 4oz 1Ct | 1/EA | 4 | \$6.00 |
| 1527 | SPF 50 Sunscreen Lotion 8oz Bottle 1Ct | 1/EA | 8 | \$10.00 |
| 2046 | Remedy Intensive Skin Hydraguard-D Barrier Cream 4oz 1Ct | 1/EA | 4 | \$5.00 |
| 2053 | Remedy Enlivaderm Hydrating Serum 4oz 1Ct | 1/EA | 4 | \$10.00 |
| 1051 | Medline Nonsterile Cotton Balls Medium 1in 200Ct | 200/BG | - | \$5.00 |

ReadyFlush® Scented Wipes – 1117

Premoistened with a rinse-free formula that cleans, moisturizes and soothes skin. the formula is pH balanced, hypoallergenic and does not contain alcohol.



Dispersible and biodegradable



| | | | | |
|------|---|------|------|---------|
| 1491 | GoodSense Lip Balm Regular 1Ct | 1/EA | 0.15 | \$2.00 |
| 1158 | Medicated Lip Treatment 2Ct | 1/PK | 0.25 | \$5.00 |
| 1645 | Major Calamine Lotion 6oz 1Ct | 1/BT | 6 | \$6.00 |
| 1430 | Medline Soothe & Cool No-Rinse Body Cleanser 8oz 1Ct | 1/EA | 8 | \$10.00 |
| 1718 | Medline Soothe & Cool Cornstarch Body Powder 14oz 1Ct | 1/EA | 14 | \$5.00 |
| 1717 | Medline Soothe & Cool Protect Vitamin A&D Skin Ointment 4oz 1Ct | 1/EA | 4 | \$5.00 |
| 1716 | Gentell Vitamin A&D+E Ointment 13oz 1Ct | 1/EA | 13 | \$12.00 |
| 1605 | Gentell Zinc Oxide Skin Protectant Ointment 16oz 1Ct | 1/EA | 16 | \$15.00 |
| 2183 | GoodSense Aloe Vera Gel 16oz 1Ct | 1/BT | 16 | \$10.00 |
| 1252 | Solar Screen SPF 30 Ultra Sunscreen Lotion 8oz 1Ct | 1/BT | 8 | \$12.00 |
| 1720 | GoodSense Soothing Oatmeal Bath Treatment 8Ct | 1/BX | 1.5 | \$9.00 |
| 2191 | Simply Soft Cotton Swabs 300Ct | 1/PK | - | \$5.00 |
| 1251 | MyDerm Aloe Gel Lidocaine Pain Reliever 8oz 1Ct | 1/BT | 8 | \$7.00 |
| 1076 | CareAll Petroleum Jelly 13oz 1Ct | 1/EA | 13 | \$6.00 |

Wipes & Cloths

| Item No. | Description | Pkg. | Container Type | Price |
|----------|---|-------|-----------------------------|---------|
| 1071 | Medline Spectrum Advanced Hand Sanitizer Wipes 6x6.75 160Ct | 1/EA | Canister | \$10.00 |
| 1516 | Remedy Phytoplex Scented Barrier Cream Cloths Dimeth 8Ct | 1/PK | Soft Pack | \$9.00 |
| 1722 | Medline Ultrasoft Disposable Dry Cleansing Cloth 10x13in 50Ct | 1/BG | Bag | \$8.00 |
| 1723 | Medline Ultrasoft Disposable Dry Cleansing Cloth 12x14in 90Ct | 90/PK | Bag | \$6.00 |
| 1724 | Medline Ultrasoft Disposable Dry Cleansing Cloth 7x13in 30Ct | 1/BG | Bag | \$5.00 |
| 1719 | Medline FitRight Aloe Quilted Personal Wipes 48Ct | 1/PK | Soft Pack with Flip Top Lid | \$5.00 |
| 1103 | Medline FitRight Aloe Personal Wipes Scented 100Ct | 1/PK | Soft Pack with Flip Top Lid | \$6.00 |
| 1117 | ReadyFlush SELECT Biodegradable Flushable Wipes 48Ct | 1/PK | Soft Pack with Flip Top Lid | \$5.00 |

Vitamins & Supplements

Fish Oils & Omegas

| Item No. | Description | Pkg. | Strength | Price |
|----------|-------------------------------|------|----------|---------|
| 1280 | Fish Oil Softgels 1000mg 90Ct | 1/BT | 1000 mg | \$10.00 |

Letter Vitamins

| Item No. | Description | Pkg. | Strength | Price |
|----------|--|------|----------|---------|
| 1271 | Folic Acid Supplement 400mcg 100Ct | 1/BT | 400 mcg | \$7.00 |
| 1753 | Vitamin B Complex Tablets 100Ct | 1/BT | - | \$8.00 |
| 1291 | Vitamin B12 Tablet 500mcg 100Ct | 1/BT | 500 mcg | \$7.00 |
| 1750 | Vitamin C-500 Chewable Tablets 500mg 110Ct | 1/BT | 500 mg | \$9.00 |
| 1293 | Vitamin C Ascorbic Acid Tablet 500mg 100Ct | 1/BT | 500 mg | \$6.00 |
| 1295 | Vitamin D3 Tablets 50mcg 250Ct | 1/BT | 2000 IU | \$10.00 |
| 1286 | 21st Century Vitamin A Softgels 10,000IU 110Ct | 1/EA | 10000 IU | \$6.00 |
| 1751 | ImmuBlast Immune System Chewable Tablet 32Ct | 1/BT | - | \$8.00 |
| 1752 | Niacin B Vitamin Tablets 100mg 100Ct | 1/BT | 100 mg | \$5.00 |
| 1292 | GeriCare Vitamin B-6 Tablet 100mg 100Ct | 1/EA | 100 mg | \$10.00 |

Minerals

| Item No. | Description | Pkg. | Strength | Price |
|----------|---|------|----------|--------|
| 1269 | Ferrous Sulfate Iron Tablet 325mg 100Ct | 1/BT | 325 mg | \$6.00 |
| 1745 | GeriCare Magnesium Oxide Tablet 400mg 120Ct | 1/BT | 400 mg | \$9.00 |

Multivitamins

| Item No. | Description | Pkg. | Form | Price |
|----------|--|------|--------|---------|
| 1261 | Multivitamin with Minerals for Seniors Age 50+ 100Ct | 1/BT | Tablet | \$12.00 |
| 1276 | Sentry Multivitamin with Minerals 130Ct | 1/BT | Tablet | \$14.00 |
| 1744 | Yum-V's Adult Gummy Multivitamins 60Ct | 1/BT | Gummy | \$12.00 |
| 1267 | 21st Century Healthy Eyes Multivitamin and Mineral Supplement with Lutein 60Ct | 1/BT | Tablet | \$10.00 |

Nutrition Management

| Item No. | Description | Pkg. | Ounce | Price |
|----------|---|-------|-------|---------|
| 3560 | Boost Chocolate Oral Supplement 8oz 24Ct | 24/CS | 8 | \$45.00 |
| 2177 | Boost Strawberry Oral Supplement 8oz 24Ct | 24/CS | 8 | \$45.00 |
| 2179 | Ensure Original Chocolate Nutritional Oral Supplement 8oz 24Ct | 24/CS | 8 | \$35.00 |
| 2180 | Ensure Original Strawberry Nutritional Oral Supplement 8oz 24Ct | 24/CS | 8 | \$35.00 |
| 2181 | Ensure Original Vanilla Nutritional Oral Supplement 8oz 24Ct | 24/CS | 8 | \$35.00 |
| 2178 | Boost Very Vanilla Oral Supplement 8oz 24Ct | 24/CS | 8 | \$45.00 |

Supplements

| Item No. | Description | Pkg. | Strength | Price |
|----------|--|------|-----------------|---------|
| 1743 | Alpha Lipoic Acid Capsules 300mg 50Ct | 1/BT | 300 mg | \$14.00 |
| 1265 | Coenzyme Q10 Softgel 100mg 30Ct | 1/BT | 100 mg | \$12.00 |
| 1732 | Major Lactase Dairy Digestive Aid Caplets 3,000FCC 60Ct | 1/BT | 3,000 FCC | \$10.00 |
| 1270 | Flaxseed Oil Softgel 1000mg 60Ct | 1/BT | 1000 mg | \$8.00 |
| 1275 | PlusPharma Melatonin Tablets 5mg 30Ct | 1/BT | 5 mg | \$7.00 |
| 1734 | Natural Psyllium Fiber Powder Supplement 10oz 1Ct | 1/EA | - | \$8.00 |
| 1757 | True Plus Glucose Chewable Tablet 4g 50Ct | 1/BT | 4 g | \$9.00 |
| 1258 | Biotin Dietary Supplement Tablets 500mcg 60Ct | 1/BT | 500 mcg | \$11.00 |
| 1259 | Calcium Tablet 600mg 150Ct | 1/BT | 600 mg | \$7.00 |
| 1749 | Calcium with Vitamin D3 Tablet 600mg 300Ct | 1/BT | 600 mg | \$16.00 |
| 1747 | Calcium with Vitamin D3 Tablet 630mg 100Ct | 1/BT | 315 mg + 250 IU | \$14.00 |
| 1748 | Chewable Calcium with Vitamin D3 Tablet 500mg 60Ct | 1/BT | 500 mg | \$7.00 |
| 1756 | GeriCare Ferrous Sulfate Iron Supplement Elixir 220mg 16oz 1Ct | 1/BT | 220 mg/5mL | \$6.00 |
| 1754 | GoodSense Chocolate Calcium Chews 650mg 60Ct | 1/EA | 650 mg | \$12.00 |
| 1755 | 21st Century Triple Strength Glucosamine & Chondroitin 750mg 100Ct | 1/BT | 750 mg + 600 mg | \$30.00 |
| 1746 | Mason Natural L-Lysine Tablet 500mg 100Ct | 1/BT | 500 mg | \$8.00 |
| 1632 | Bausch + Lomb AREDS2 PreserVision Eye Vitamin 120Ct | 1/BT | - | \$40.00 |
| 2173 | PreserVision Eye Vitamin and Mineral Supplement 60Ct | 1/BT | - | \$25.00 |

Notice of Nondiscrimination

Kaiser Foundation Health Plan of Washington and Kaiser Foundation Health Plan of Washington Options, Inc. (“Kaiser Permanente”) comply with applicable Federal and Washington state civil rights laws and do not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or any other basis protected by applicable federal, state, or local law. We also:

- Provide free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, and other formats)
 - Assistive devices (magnifiers, Pocket Talkers, and other aids)
- Provide free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact Member Services at **1-888-901-4636** (TTY **711**).

If you believe that Kaiser Permanente has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity, you can file a grievance with our Civil Rights Coordinator by writing to P.O. Box 35191, Mail Stop: RCR-A3S-03, Seattle, WA 98124-5191 or calling Member Services at the number listed above. You can file a grievance by mail, phone, or online at kp.org/wa/feedback. If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with:

- The U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019, 800-537-7697** (TDD)
Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>
- The Washington State Office of the Insurance Commissioner, electronically through the Office of the Insurance Commissioner Complaint portal available at <https://www.insurance.wa.gov/file-complaint-or-check-your-complaint-status>, or by phone at **800-562-6900, 360-586-0241** (TDD). Complaint forms are available at <https://fortress.wa.gov/oic/onlineservices/cc/pub/complaintinformation.aspx>

Multi-language Interpreter Services

English: ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call **1-888-901-4636 (TTY 711)**.

Español (Spanish): ATENCIÓN: si habla otro idioma que no sea español, tiene a su disposición servicios gratuitos de asistencia en su idioma. Llame al **1-888-901-4636 (TTY 711)**.

中文 (Chinese) : 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-888-901-4636 (TTY 711)**。

Tiếng Việt (Vietnamese): CHÚ Ý: Nếu quý vị nói tiếng Việt, hiện có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-888-901-4636 (TTY 711)**.

한국어 (Korean): 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-888-901-4636 (TTY 711)** 번으로 전화해 주십시오.

Русский (Russian): ВНИМАНИЕ! Если вы говорите на русском языке, вам доступны бесплатные услуги перевода. Звоните **1-888-901-4636 (TTY 711)**.

Tagalog: PAUNAWA: Kung nagsasalita ka ng wika maliban sa Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-888-901-4636 (TTY 711)**.

Українська (Ukrainian): УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером **1-888-901-4636 (TTY 711)**.

ភាសាខ្មែរ (Khmer)៖ សូមយកចិត្តទុកដាក់៖ ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ សេវាកម្មជំនួយផ្នែកភាសាដោយមិនគិតថ្លៃគឺ មានសម្រាប់អ្នក។ ទូរស័ព្ទទៅលេខ **1-888-901-4636 (TTY 711)**។

日本語 (Japanese): 注意事項：英語以外の言語を話される場合、無料の言語サポートをご利用いただけます。
1-888-901-4636 (TTY 711) まで、お電話にてご連絡ください。

አማርኛ (Amharic)፥ ማሳሰቢያ፥ የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እገዛ አገልግሎቶች፣ በነጻ ለእርስዎ ይቀርባሉ። ወደ ሚከተለው ቁጥር ይደውሉ **1-888-901-4636** (መስማት ለተሳናቸው **711**)።

Oromiffa (Oromo): XIYYEEFFANNAA: Afaan dubbattu Oroomiffa yoo ta'e, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama.
1-888-901-4636 (TTY 711) irraatti bilbilaa.

ਪੰਜਾਬੀ (Punjabi): ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। **1-888-901-4636 (TTY 711)**
‘ਤੇ ਕਾਲ ਕਰੋ।

العربية (Arabic): انتباه إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية، متوفرة لك، مجاناً. اتصل بالرقم **1-888-901-4636 (TTY 711)**

Deutsch (German): ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung.
Rufnummer: **1-888-901-4636 (TTY 711)**.

ພາສາລາວ (Lao): ໂປດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາໂດຍບໍ່ເສຍຄ່າແມ່ນມີພ້ອມໃຫ້ທ່ານ.
ໂທ 1-888-901-4636 (TTY 711).

kp.org/otc/ga

1-844-232-6906 (TTY 711)

Monday—Friday

8 a.m.—7 p.m. EST

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