



Good health requires more than just health care

If you need extra support, we're here to help

We're here to help you live well and thrive

If you need access to resources, we can help. Thrive Local Connections connects you to support in your community confidentially and at no cost.



Food



Housing



Child care



Financial assistance

Call **1-800-443-6328** (TTY 711)

Monday through Friday between 8 a.m. and 5 p.m.*

Support for total health

Physical health is the health of your body. Mental health is the health of your mind. Social health is your ability to access basic resources, like a safe place to live and nutritious food. Together, these 3 things make up total health. To be truly healthy, you need all 3.

*Hours may vary. Thrive Local Connections hours in the Northwest area are Monday through Friday, 8 a.m. to 4:30 p.m.

The services described above are not covered under your health plan benefits and are not subject to the terms set forth in your *Evidence of Coverage* or other plan documents. These services may be discontinued at any time without notice.

Learn more at kp.org/socialhealth

