



## Manage your Health Online

### Stay connected anytime, anywhere.

Click the link or scan the QR code below to connect and learn about our **Online Tools**.

- Two simple ways to get started
- Personalized welcome page and dashboard
- Secure way to keep up with your care – view most lab results, email your care team, refill most prescriptions, schedule most appointments, manage coverage and costs, and more



City of San Diego

<https://www.brainshark.com/kp/vu?pi=zldzDfvPmzjvFJz0>

