

Kaiser Permanente members: Did you receive a flu shot outside of Kaiser Permanente?

Let us know you received a flu shot—keep your medical record up to date.

Option 1. Tell us at kp.org/questionnaire from your computer

Available to members registered on kp.org in Southern CA, Northern CA, GA, MD, VA, CO, HI, and DC

1. Go to kp.org/questionnaire and log in with your member user ID and password.
2. Scroll down to the **Optional Questionnaires** section and click on the **Influenza/Flu Vaccine** questionnaire option.
3. Follow the questionnaire and input the date you received a flu shot. Once finished, click **Submit Questionnaire**.

Option 2. Email your doctor's office via kp.org

Available to all members registered on kp.org

1. Go to kp.org and log in with your member user ID and password.
2. Click on **Message Center**, then click on **E-mail My Doctor**.
3. Follow the prompts to send your doctor's office an email letting them know you received a flu shot, including the date you received the shot, and ask them to add it to your medical record.

Option 3. Tell us during your next visit

During your next appointment at a Kaiser Permanente medical facility, inform the receptionist that you received a flu shot, including the date you received the shot, and ask them to update your medical record.

Need a flu shot?

Kaiser Permanente members can visit kp.org/flu or call the 24-hour flu hotline to find the nearest facility offering no-cost flu shots:

Northern CA: 800-573-5811

Southern CA: 866-706-6358

OR and WA: 800-813-2000

HI: Call the appointment and 24/7
advice line.

MD, VA, and DC: 800-777-7902

GA: 770-431-4358

CO: 866-868-7091

Services covered under your health plan are provided and/or arranged by Kaiser Permanente health plans: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 • Self-insured plans are administered by Kaiser Permanente Insurance Company, One Kaiser Plaza, Oakland, CA 94612

kp.org/flu

