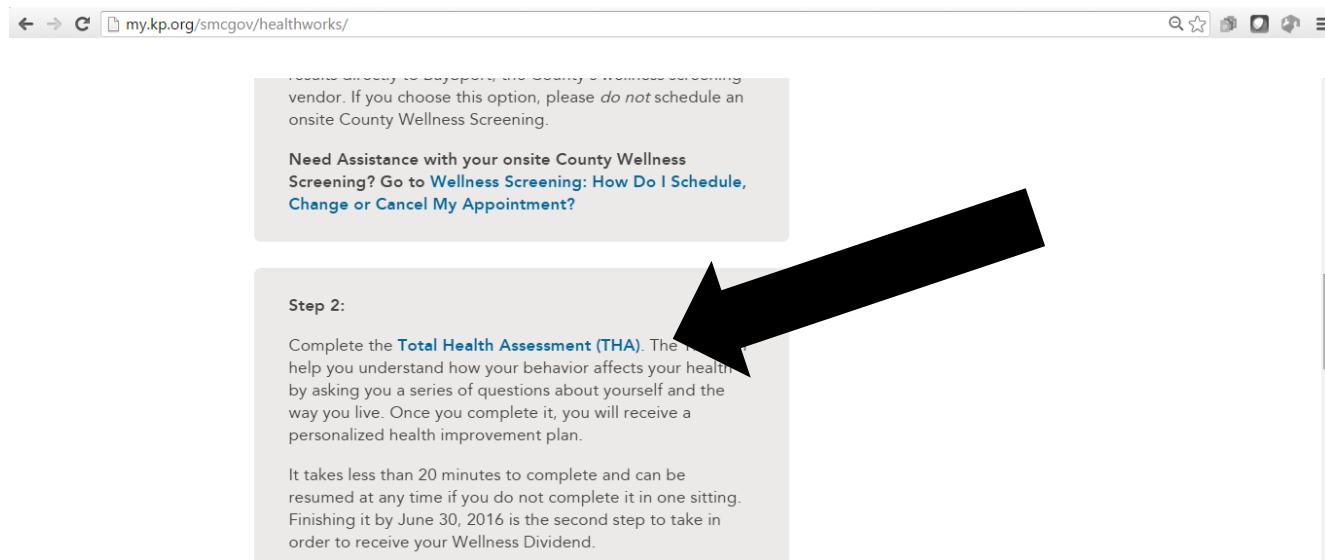


## Viewing Your Total Health Assessment Certificate of Completion

If you have any questions concerning your Total Health Assessment completion, please contact KP Rewards Customer Service team at 1-866-300-9867 or email [rewardscustomerservice@kp.org](mailto:rewardscustomerservice@kp.org)

- 1) Go to <http://my.kp.org/smcgov/healthworks/>
- 2) Click “Total Health Assessment (THA)” in Step 2.



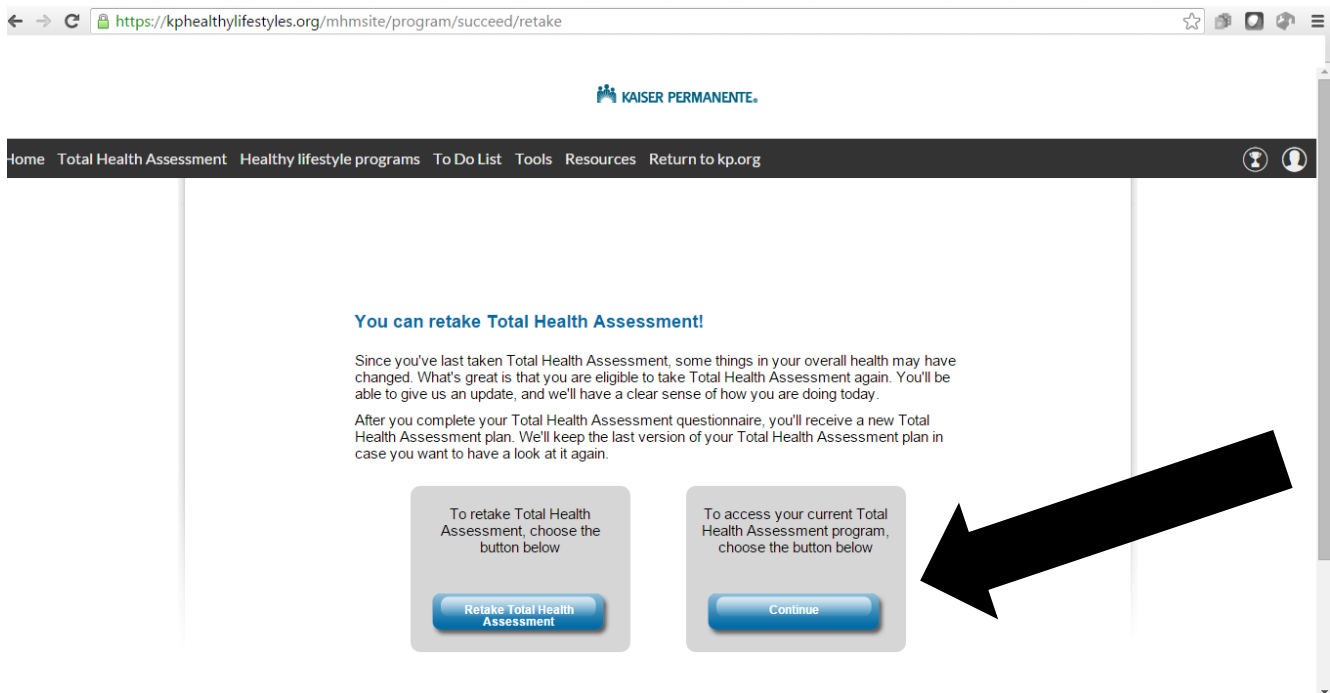
### 3) Click “Start a Total Health Assessment now.”

The screenshot shows the Kaiser Permanente website with the URL <https://healthy.kaiserpermanente.org/health/care/%21ut/p/a0/FcpNDslqEEDhs7hwiOMP1dadp1DYmAkOJS TNHE22uX78sDCw-wBT8xYl-1YPq3cVO68TVF1s7>. The page features a navigation bar with links like 'Sign on', 'Choose your region', and 'Search'. The main content area is titled 'Healthy lifestyle programs' and includes a section for 'Take a Total Health Assessment 30 minutes to a healthier you'. A large black arrow points to the link 'Start a Total Health Assessment now.' in the 'Take a Total Health Assessment' section. The page also includes a sidebar with 'Programs and classes' and a 'My health manager' section.

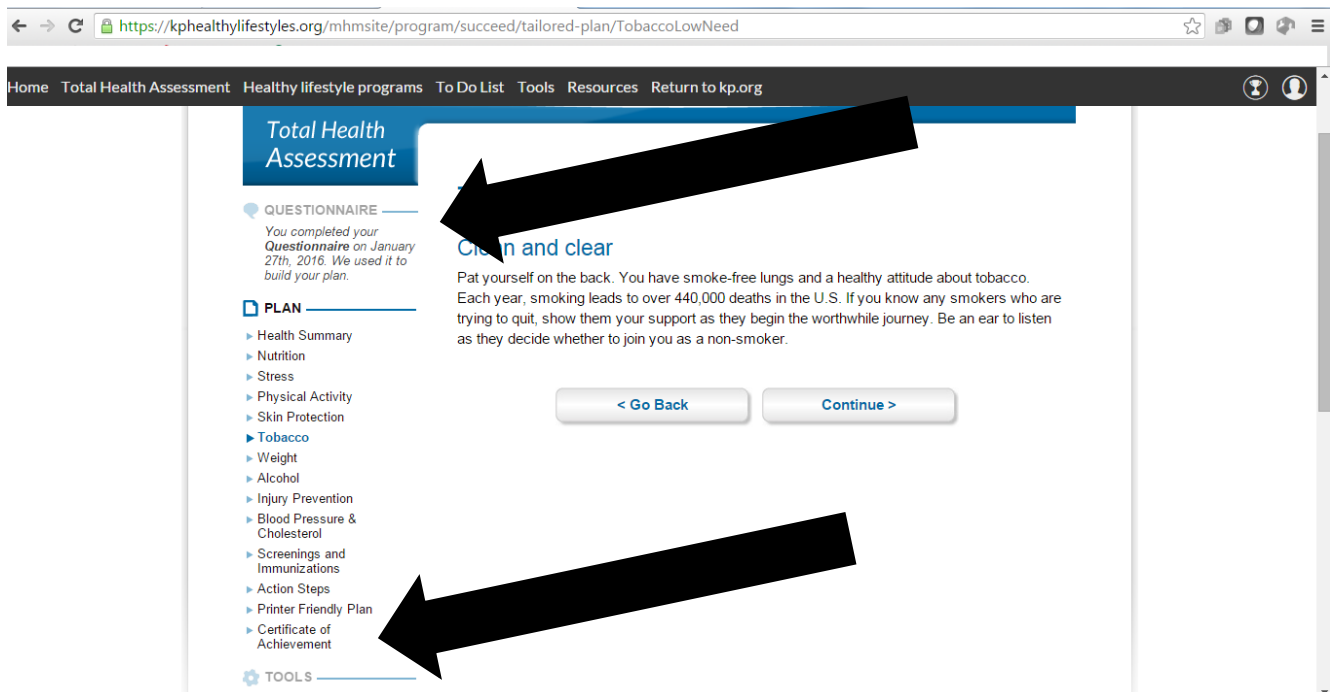
### 4) Sign-on with your KP user ID and password.

The screenshot shows the Kaiser Permanente website with the URL <https://healthy.kaiserpermanente.org/health/care/signon>. The page features a navigation bar with links like 'Sign on', 'Choose your region', and 'Search'. The main content area is titled 'Sign on' and includes a link to 'Register for a user ID and password'. Below this is a form with fields for 'User ID' and 'Password', and a 'Submit' button. The page also includes a sidebar with 'Programs and classes' and a 'My health manager' section.

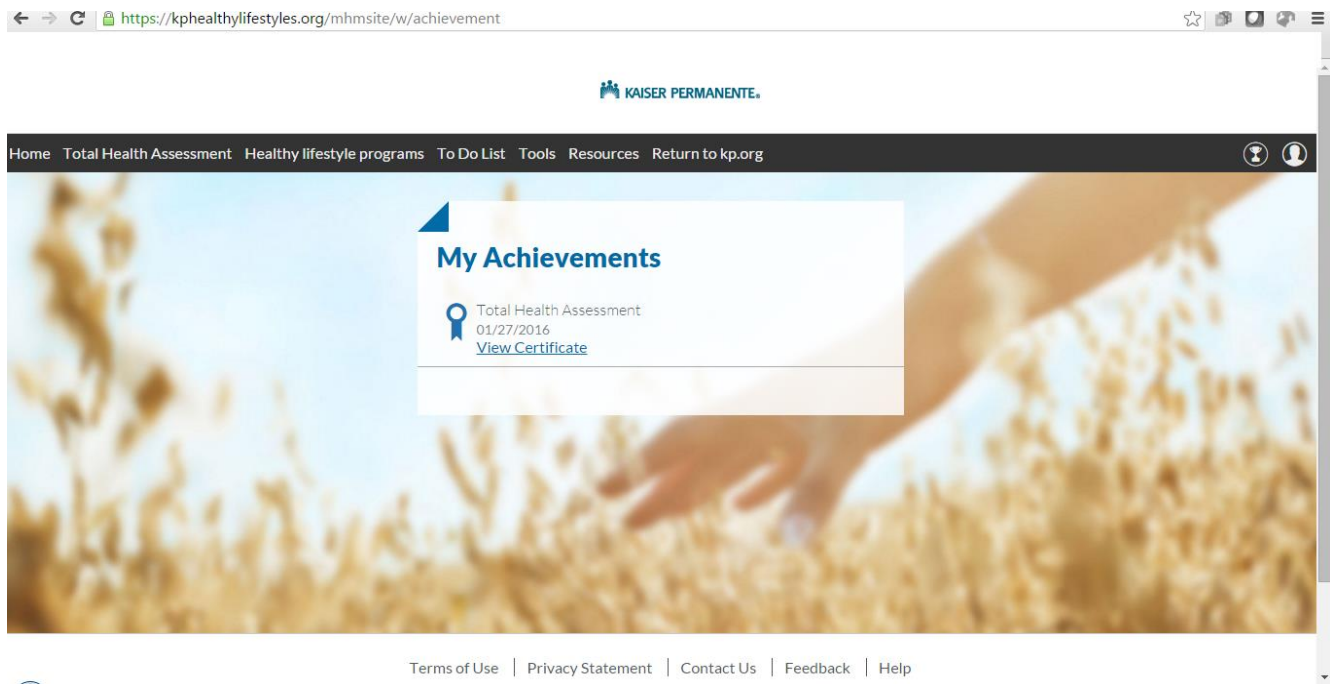
- 5) Click on “Continue” under “To access your current Total Health Assessment program, choose the button below”.



- 6) You will be sent to an alternate webpage which will indicate when the THA was completed.



7) You can also click “Certificate of Achievement” under “Plan” to View/Print your certificate.



To be eligible for the Wellness Dividend, your Total Health Assessment needs to be completed between 1/1/16 and 6/30/16.