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**VIRGINIA WINE CLUB** FOR YOU

SENIOR FITNESS CLASSES  
THAT IMPROVE QUALITY OF LIFE

45 WAYS TO SURVIVE WINTER

# Northern Virginia

# DOCTORS

**TOP**



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SENTARA  
SURGERY  
SPECIALISTS  
COMPREHENSIVE  
BREAST CENTER



**DR. MARK A. BARTOLOZZI**  
NOVANT  
HEALTH  
UVA HEALTH  
SYSTEM



**DR. ANASTASSIOS  
C. KOUMBOURLIS**  
CHILDREN'S  
NATIONAL HEALTH  
SYSTEM

# HELLO DOCTOR.

Top  
Doctors  
2018

## METHODOLOGY

Along with asking all the doctors in Northern Virginia who, in their expert opinion, should be dubbed a Top Doctor, we took the process a step further by working with local hospitals and the Kaiser Permanente/Mid-Atlantic Permanente Medical Group of Northern Virginia to put together panels of head doctors to discriminatively look at those with privileges at their hospital. Each panel nominated doctors based on all the internal tools they are privy to: internal evaluations, patient reviews and overall quality of care. Although some Top Doctors winners choose to advertise in the magazine, doctors cannot pay to be included on the list. The listing and the advertising sections are separate entities.

**+**  
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IMMUNOLOGY**

**Troy Baker**  
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**Meredith Heltzer**  
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703-287-6559

**Patricia McNally**  
TYSONS CORNER MEDICAL CENTER  
703-287-6400

**Stephen Scranton**  
SPRINGFIELD MEDICAL CENTER  
703-922-1415

**+**  
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**Benjamin Galper**  
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**John Golden**  
TYSONS CORNER MEDICAL CENTER  
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**Ameya Kulkarni**  
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**Yaning Liu**  
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**Constantine Tziros**  
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703-287-6400

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**COLON AND RECTAL  
SURGERY**

**William Seid**  
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703-287-6400

**Julia Sone**  
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**Margaret Kopelman**  
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**Mark Naftanel**  
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DIABETES AND  
METABOLISM**

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**Deepak Kashyap**  
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**Alexander Jow**  
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**Amy Lin**  
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**Jesse K. Liu**  
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**John Elkas**  
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571-308-1830

**Ruchi Garg**  
FAIR OAKS MEDICAL CENTER  
571-308-1830

**G. Scott Rose**  
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**Diljeet Singh**  
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**Iva Ferreira**  
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TOP DOCTORS  
2018

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**Hoang-An Nguyen**  
ASHBURN MEDICAL CENTER  
571-252-6000

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**Shalini Dogra**  
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**Renee Funches**  
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## NEPHROLOGY

**Ronaldo Mayuga**  
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**Hilary Newgen**  
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**Ifeoma Nwaneri**  
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703-237-4000

**Chi-Tsui Vivia Liang**  
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703-237-4000

**Hania Qutub**  
FALLS CHURCH MEDICAL CENTER  
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**Jason Mitchell**  
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**Eva Perdahl-Wallace**  
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**Gita Reddy**  
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**Angela Uy**  
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**Mark Miller**  
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**Daniel Short**  
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**Matthew Testani**  
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**Brian Hernandez**  
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2018

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 703-237-4000

**Asha Patton-Smith**  
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**Sofia Rizwan**  
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**Humaira Siddiqi**  
 BURKE MEDICAL CENTER  
 703-249-7200

**Allison Tweedie**  
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**Barry Decker**  
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**Eileen Hsu**  
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 703-287-1075

**Phong Nguyen**  
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**+ RHEUMATOLOGY**

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**Deepak Gupta**  
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**Kanan Maniar**  
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**Mala Mehta**  
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**+ SPINAL SURGERY**

**John Ergener**  
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**Thomas Krisztinicz**  
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**Steven Scherping**  
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**+ SPORTS MEDICINE**

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**Donald Saroff**  
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 800-777-7904

**+ SURGERY**

**Linda Cardinal**  
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 703-287-6400

**Chaitanya Mangalmurti**  
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 703-934-4120

**Kimberly Suri**  
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 703-922-1000

**+ THORACIC SURGERY**

**Nyen Chong**  
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**+ UROLOGY**

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 703-934-4120

**James Jezior**  
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 703-934-4120

**Scott Kantor**  
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 703-287-4585

**Timothy Kim**  
 TYSONS CORNER MEDICAL CENTER  
 703-287-6400

**Tiffany Sotelo**  
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 703-934-4120

**+ VASCULAR AND INTERVENTIONAL RADIOLOGY**

**Shahine Baghai**  
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 410-737-5260

**Carson Campe**  
 KENSINGTON MEDICAL CENTER  
 301-929-7100

**Vivek Mathur**  
 KENSINGTON MEDICAL CENTER  
 301-929-7100

**Matthew Niemeyer**  
 KENSINGTON MEDICAL CENTER  
 301-929-7100

**Michael Stone**  
 KENSINGTON MEDICAL CENTER  
 301-929-7100

**+ VASCULAR SURGERY**

**Nate Dayes**  
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**Shyam Krishnan**  
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TOP DOCTORS  
 2018

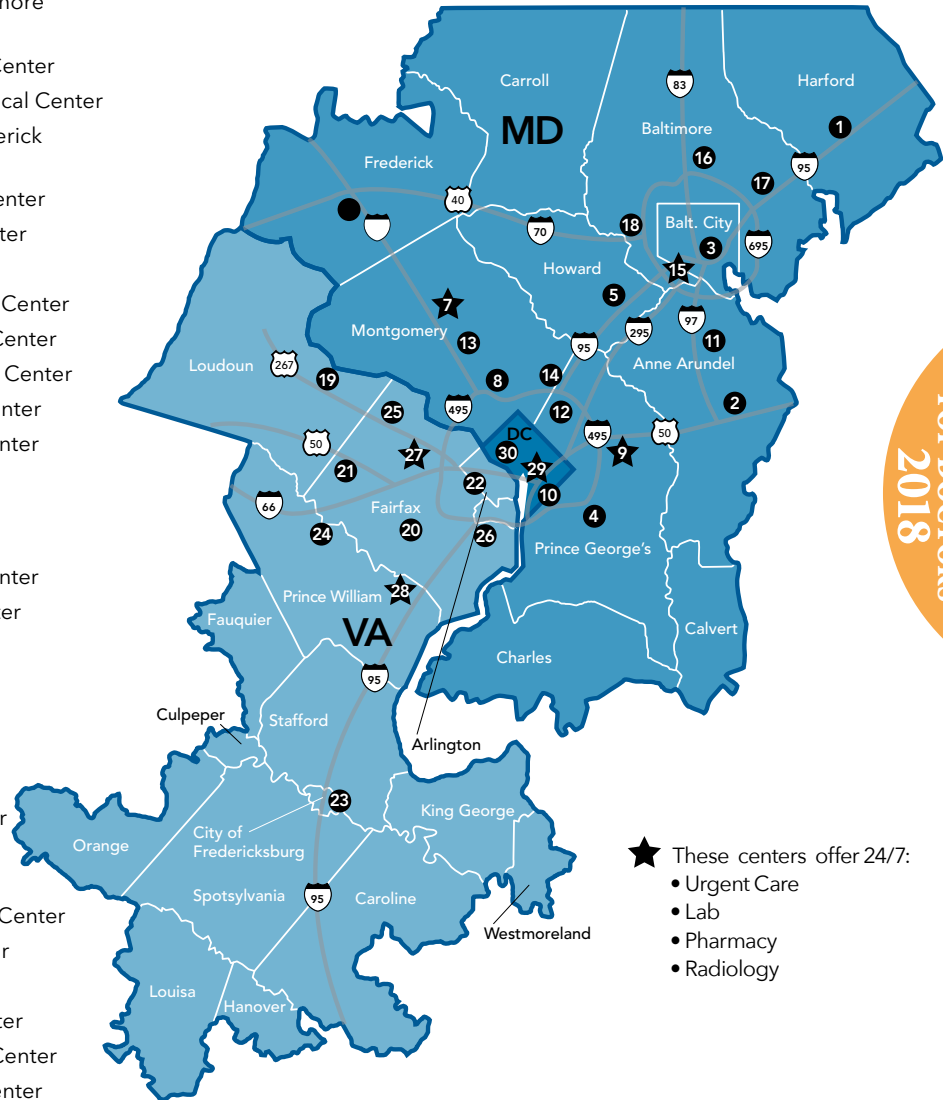
# Kaiser Permanente medical facilities

## Maryland

- 1 Abingdon Medical Center
- 2 Annapolis Medical Center
- 3 Kaiser Permanente Baltimore Harbor Medical Center
- 4 Camp Springs Medical Center
- 5 Columbia Gateway Medical Center
- 6 Kaiser Permanente Frederick Medical Center
- 7 Gaithersburg Medical Center
- 8 Kensington Medical Center
- 9 Largo Medical Center
- 10 Marlow Heights Medical Center
- 11 North Arundel Medical Center
- 12 Prince George's Medical Center
- 13 Shady Grove Medical Center
- 14 Silver Spring Medical Center
- 15 South Baltimore County Medical Center
- 16 Towson Medical Center
- 17 White Marsh Medical Center
- 18 Woodlawn Medical Center

## Washington, DC

- 29 Kaiser Permanente Capitol Hill Medical Center
- 30 Northwest DC Medical Office Building



- ★ These centers offer 24/7:
- Urgent Care
  - Lab
  - Pharmacy
  - Radiology

TOP DOCTORS  
2018

## Virginia

- 19 Ashburn Medical Center
- 20 Burke Medical Center
- 21 Fair Oaks Medical Center
- 22 Falls Church Medical Center
- 23 Fredericksburg Medical Center
- 24 Manassas Medical Center
- 25 Reston Medical Center
- 26 Springfield Medical Center
- 27 Tysons Corner Medical Center
- 28 Woodbridge Medical Center

Please check [kp.org/facilities](http://kp.org/facilities) for the most up-to-date listing of the services located at Kaiser Permanente medical centers.